

台灣 (Taiwan, ROC)

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評估二型糖尿病人不同病人健康分群  
與併發症之風險：以某區域醫院為例

**Study Documentation**

October 21, 2020

# Metadata Production

<b>Metadata Producer(s)</b>	學術調查研究資料庫(Survey Research Data Archive) (SRDA) , 中央研究院人社中心調查研究專題中心 , DDI文件製作
<b>Identification</b>	E10815

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**評估二型糖尿病病人不同病人健康分群與併發症之風險：以某區域醫院為例**  
***Assessment of different health profiles with the risk of complications among patients with Type II diabetes based on a regional hospital***

### Overview

<b>Identification</b>	E10815
<b>Version</b>	Production Date: 2021-08-01 v1

#### Abstract

為更瞭解病人自我管理行為與併發症之間的相關性，本研究採用健康概況的分群的概念來瞭解不同病人分群與之後發生視網膜病變與洗腎的風險。

研究採用某區域醫院的第二型糖尿病為研究對象，該醫院已經於10年前建置糖尿病人個案管理系統用以幫助來院病患找尋最佳的糖尿病控制方式，先使用病人的檢驗檢查生化值，採用潛在剖面分析的方式進行第一層病人健康概況分群，並連接病人問卷調查，主要針對糖尿病自我管理評量、糖尿病知識、自我動機、遵醫囑測量、自我管理障礙、家人支持度、生活品質滿意度與憂鬱量表等方面進行資料收集。本次問卷收回共601份，扣除重複填答剩589份經由ID串檔生化資料並去除遺漏值，使用574份問卷進入分析。

研究結果還是發現病人行為與糖尿病併發症的風險有相關，臨床上鼓勵病人控制生化數據的正常率，進一步分析自我效能與自我規範影響糖尿病生化數據控制的相關因素，有助於未來衛教糖尿病人注意的重點，糖尿病控制是長期需病人努力與有賴與醫療團對共同合作的工作，本研究目前初步導出之結論，仍然指向全面控制的效果，對於部分行為控制不佳所造成的影響仍待未來研究提供更詳細證據提供討論。

<b>Kind of Data</b>	抽查
<b>Unit of Analysis</b>	個人

### Scope & Coverage

<b>Time Period(s)</b>	2019-2020
<b>Countries</b>	台灣 (Taiwan, ROC)

#### Geographic Coverage

臺灣

#### Universe

第二型糖尿病人

### Producers & Sponsors

<b>Primary Investigator(s)</b>	邱尚志，國立臺北護理健康大學健康事業管理系
<b>Other Producer(s)</b>	國立臺北護理健康大學健康事業管理系
<b>Funding Agency/ies</b>	科技部

### Sampling

#### Sampling Procedure

台北市立聯合醫院某院區新陳代謝科就診之糖尿病患為調查對象

<b>Data Collection</b>	
<b>Data Collection Dates</b>	start 2019-12-05 end 2020-05-31
<b>Time Period(s)</b>	start 2019-08-01 end 2020-07-31
<b>Data Collection Mode</b>	面對面訪問

<b>Data Processing &amp; Appraisal</b>	
<b>Data Editing</b>	中央研究院人文社會科學研究中心調查研究專題中心所進行的資料整理方式，為不合理值檢核。

<b>Accessibility</b>	
<b>Contact(s)</b>	學術調查研究資料庫(Survey Research Data Archive) (中央研究院人社中心調查研究專題中心) , <a href="https://srda.sinica.edu.tw">https://srda.sinica.edu.tw</a> , <a href="mailto:srda@gate.sinica.edu.tw">srda@gate.sinica.edu.tw</a>
<b>Distributor(s)</b>	學術調查研究資料庫(Survey Research Data Archive)
<b>Depositor(s)</b>	國立臺北護理健康大學健康事業管理系
<b>Access Conditions</b>	
標準版(一般會員、院內會員直接下載)	

## Files Description

Dataset contains 1 file(s)

data	
# Cases	589
# Variable(s)	122

## Variables Group(s)

Dataset contains 13 group(s)

# Variables Description

Dataset contains 122 variable(s)

## File : data

# number: 問卷編號

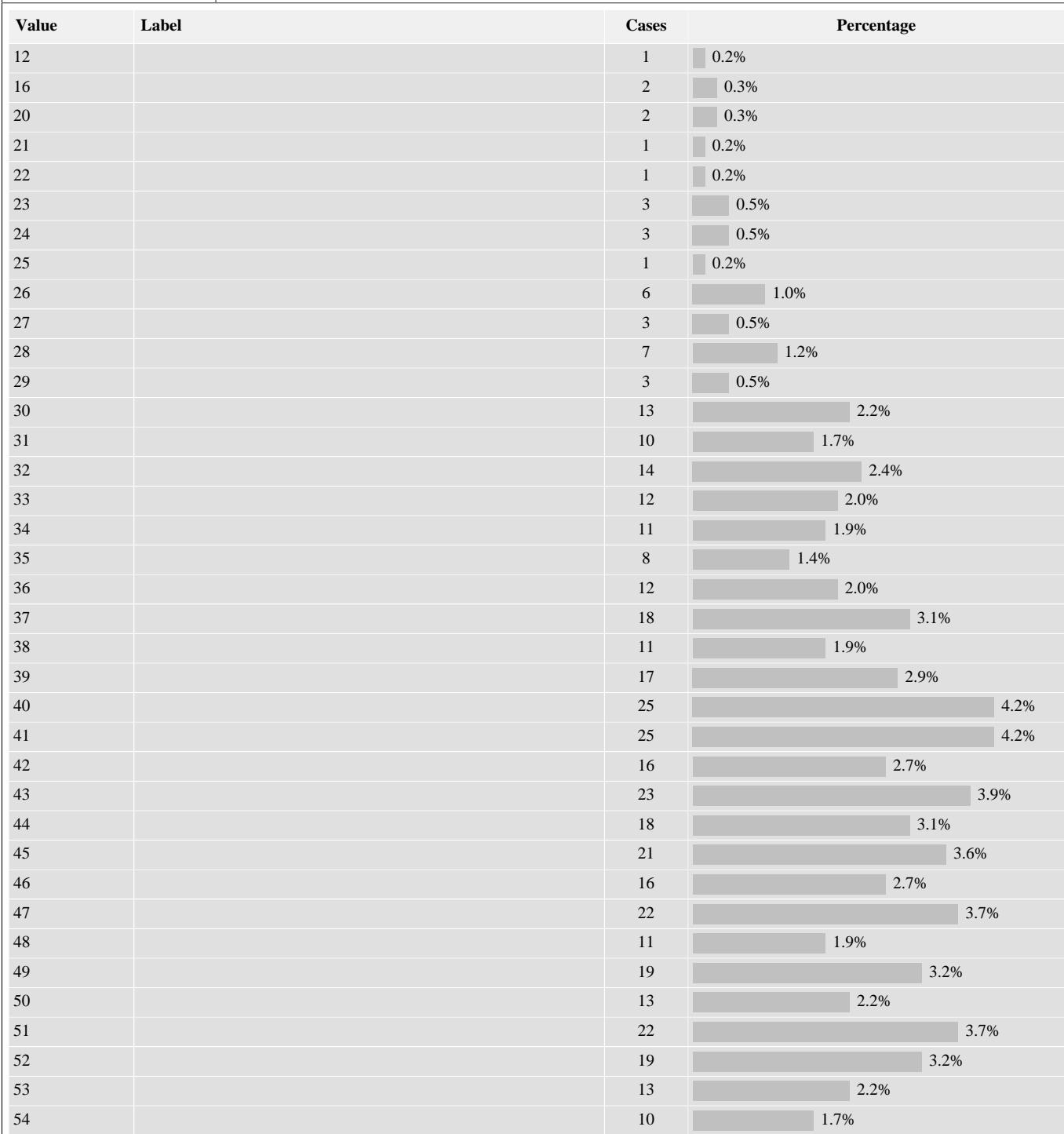
Information [Type= discrete] [Format=numeric] [Range= 1-589] [Missing=\*]

Statistics [NW/ W] [Valid=589 /-] [Invalid=0 /-]

# year: 出生年次(民國)

Information [Type= discrete] [Format=numeric] [Range= 12-89] [Missing=\*]

Statistics [NW/ W] [Valid=589 /-] [Invalid=0 /-] [Mean=47.241 /-] [StdDev=12.705 /-]



## File : data

#year: 出生年次(民國)

Value	Label	Cases	Percentage
55		17	2.9%
56		11	1.9%
57		11	1.9%
58		6	1.0%
59		10	1.7%
60		8	1.4%
61		15	2.5%
62		4	0.7%
63		11	1.9%
64		5	0.8%
65		10	1.7%
66		4	0.7%
67		3	0.5%
68		6	1.0%
69		6	1.0%
70		7	1.2%
71		2	0.3%
72		3	0.5%
73		1	0.2%
74		1	0.2%
75		2	0.3%
76		2	0.3%
77		3	0.5%
80		1	0.2%
81		1	0.2%
82		1	0.2%
83		1	0.2%
84		2	0.3%
85		1	0.2%
89		2	0.3%

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

# sex: 性別

Information	[Type= discrete] [Format=numeric] [Range= 1-2] [Missing= *]
Statistics [NW/ W]	[Valid=589 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	男	357	60.6%
2	女	232	39.4%

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

# edu: 最高教育程度

Information	[Type= discrete] [Format=numeric] [Range= 1-7] [Missing= *]
Statistics [NW/ W]	[Valid=589 /-] [Invalid=0 /-]

## File : data

# edu: 最高教育程度

Value	Label	Cases	Percentage
1	不識字	12	2.0%
2	識字	10	1.7%
3	國小	97	16.5%
4	國中	78	13.2%
5	高中	165	28.0%
6	大專	181	30.7%
7	研究所	46	7.8%

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

# a: 患病後，有無曾接受過醫護人員提供的糖尿病衛生教育

Information	[Type= discrete] [Format=numeric] [Range= 1-2] [Missing=*]
Statistics [NW/ W]	[Valid=588 /-] [Invalid=1 /-]

Value	Label	Cases	Percentage
1	無	46	7.8%
2	有	542	92.2%
Sysmiss		1	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

# time: (續答)接受過的糖尿病衛生教育次數

Information	[Type= discrete] [Format=character] [Missing=*]
Statistics [NW/ W]	[Valid=492 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1		75	15.2%
10		7	1.4%
12		1	0.2%
120		1	0.2%
15		1	0.2%
16		2	0.4%
2		13	2.6%
20		6	1.2%
24		4	0.8%
25		1	0.2%
28		1	0.2%
3		8	1.6%
3.5		1	0.2%
30		2	0.4%
32		1	0.2%
36		2	0.4%
4		12	2.4%
40		6	1.2%
44		2	0.4%
5		6	1.2%
50		1	0.2%
6		2	0.4%

## File : data

# time: (續答)接受過的糖尿病衛生教育次數

Value	Label	Cases	Percentage
7		4	0.8%
70		1	0.2%
75		1	0.2%
8		2	0.4%
80		3	0.6%
N	無數多次	326	66.3%

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# minute: (續答)接受過的糖尿病衛生教育每次幾分鐘

Information	[Type= discrete] [Format=character] [Missing=*]
Statistics [NW/ W]	[Valid=495 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
10		125	25.3%
10~15		3	0.6%
10~20		1	0.2%
10~30		1	0.2%
110		1	0.2%
12		1	0.2%
120		1	0.2%
13		2	0.4%
15		44	8.9%
2		3	0.6%
20		23	4.6%
25		2	0.4%
3		7	1.4%
30		19	3.8%
3~5		1	0.2%
4		2	0.4%
40		1	0.2%
45		1	0.2%
5		66	13.3%
50		1	0.2%
5~10		8	1.6%
6		5	1.0%
60		5	1.0%
7		6	1.2%
8		17	3.4%
N	無數分鐘	149	30.1%

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# a1: 糖尿病衛生教育方法:個別衛教

Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing=*]
Statistics [NW/ W]	[Valid=522 /-] [Invalid=67 /-]

## File : data

### # a1: 糖尿病衛生教育方法:個別衛教

Value	Label	Cases	Percentage
1	是	522	100.0%
Sysmiss		67	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

### # a11: 糖尿病衛生教育方法:團體衛教

Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing=*]
Statistics [NW/ W]	[Valid=46 /-] [Invalid=543 /-]

Value	Label	Cases	Percentage
1	是	46	100.0%
Sysmiss		543	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

### # a2: 糖尿病衛生教育教材:手冊

Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing=*]
Statistics [NW/ W]	[Valid=415 /-] [Invalid=174 /-]

Value	Label	Cases	Percentage
1	是	415	100.0%
Sysmiss		174	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

### # a21: 糖尿病衛生教育教材:單張

Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing=*]
Statistics [NW/ W]	[Valid=98 /-] [Invalid=491 /-]

Value	Label	Cases	Percentage
1	是	98	100.0%
Sysmiss		491	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

### # a22: 糖尿病衛生教育教材:其他衛教教材

Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing=*]
Statistics [NW/ W]	[Valid=76 /-] [Invalid=513 /-]

Value	Label	Cases	Percentage
1	是	76	100.0%
Sysmiss		513	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

### # a3: 糖尿病衛生教育人員:醫師

Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing=*]
Statistics [NW/ W]	[Valid=29 /-] [Invalid=560 /-]

Value	Label	Cases	Percentage
1	是	29	100.0%
Sysmiss		560	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

## File : data

### # a31: 糖尿病衛生教育人員:護理師

Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing=*]
Statistics [NW/ W]	[Valid=60 /-] [Invalid=529 /-]

Value	Label	Cases	Percentage
1	是	60	100.0%
Sysmiss		529	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

### # a32: 糖尿病衛生教育人員:衛教師

Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing=*]
Statistics [NW/ W]	[Valid=505 /-] [Invalid=84 /-]

Value	Label	Cases	Percentage
1	是	505	100.0%
Sysmiss		84	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

### # a33: 糖尿病衛生教育人員:其他衛教人員

Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing=*]
Statistics [NW/ W]	[Valid=7 /-] [Invalid=582 /-]

Value	Label	Cases	Percentage
1	是	7	100.0%
Sysmiss		582	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

### # a4: 對糖尿病衛生教育認知程度

Information	[Type= discrete] [Format=numeric] [Range= 0-10] [Missing=*]
Statistics [NW/ W]	[Valid=573 /-] [Invalid=16 /-]

Value	Label	Cases	Percentage
0	最差	6	1.0%
1		1	0.2%
2		4	0.7%
3		14	2.4%
4		11	1.9%
5		85	14.8%
6		72	12.6%
6.5		1	0.2%
7		103	18.0%
8		151	26.4%
9		58	10.1%
10	最好	67	11.7%
Sysmiss		16	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

### # a5: 有無規則測量血糖

Information	[Type= discrete] [Format=numeric] [Range= 1-2] [Missing=*]
Statistics [NW/ W]	[Valid=587 /-] [Invalid=2 /-]

## File : data

### # a5: 有無規則測量血糖

Value	Label	Cases	Percentage
1	無	147	25.0%
2	有	440	75.0%
Sysmiss		2	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

### # time1: (續答)平均測量血糖次數

Information	[Type= continuous] [Format=numeric] [Range= 1-25] [Missing=*]
Statistics [NW/ W]	[Valid=351 /-] [Invalid=238 /-] [Mean=1.496 /-] [StdDev=1.683 /-]

### # month: (續答)平均測量血糖時間(月)

Information	[Type= continuous] [Format=numeric] [Range= 1-5] [Missing=*]
Statistics [NW/ W]	[Valid=201 /-] [Invalid=388 /-] [Mean=2.527 /-] [StdDev=0.878 /-]

### # week: (續答)平均測量血糖時間(週)

Information	[Type= continuous] [Format=numeric] [Range= 1-4] [Missing=*]
Statistics [NW/ W]	[Valid=115 /-] [Invalid=474 /-] [Mean=1.157 /-] [StdDev=0.523 /-]

### # day: (續答)平均測量血糖時間(天)

Information	[Type= continuous] [Format=numeric] [Range= 1-6] [Missing=*]
Statistics [NW/ W]	[Valid=105 /-] [Invalid=484 /-] [Mean=1.314 /-] [StdDev=0.8 /-]

### # a6: 如何測得血糖:自備血糖機

Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing=*]
Statistics [NW/ W]	[Valid=273 /-] [Invalid=316 /-]

Value	Label	Cases	Percentage
1	是	273	100.0%
Sysmiss		316	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

### # a61: 如何測得血糖:醫療院所

Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing=*]
Statistics [NW/ W]	[Valid=252 /-] [Invalid=337 /-]

Value	Label	Cases	Percentage
1	是	252	100.0%
Sysmiss		337	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

### # a62: 如何測得血糖:其他

Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing=*]
Statistics [NW/ W]	[Valid=4 /-] [Invalid=585 /-]

Value	Label	Cases	Percentage
1	是	4	100.0%
Sysmiss		585	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

## File : data

# b1: 目前疾病控制方法:有無口服用藥

**Information** [Type= discrete] [Format=numeric] [Range= 1-1] [Missing=\*]

**Statistics [NW/ W]** [Valid=552 /-] [Invalid=37 /-]

Value	Label	Cases	Percentage
1	有	552	100.0%
Sysmiss		37	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# b12: (續答)有無規則口服用藥

**Information** [Type= discrete] [Format=numeric] [Range= 0-1] [Missing=\*]

**Statistics [NW/ W]** [Valid=540 /-] [Invalid=49 /-]

Value	Label	Cases	Percentage
0	無	22	4.1%
1	有	518	95.9%
Sysmiss		49	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# b2: 目前疾病控制方法:有無使用胰島素

**Information** [Type= discrete] [Format=numeric] [Range= 1-1] [Missing=\*]

**Statistics [NW/ W]** [Valid=200 /-] [Invalid=389 /-]

Value	Label	Cases	Percentage
1	有	200	100.0%
Sysmiss		389	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# b21: (續答)有無規則施打胰島素

**Information** [Type= discrete] [Format=numeric] [Range= 0-1] [Missing=\*]

**Statistics [NW/ W]** [Valid=202 /-] [Invalid=387 /-]

Value	Label	Cases	Percentage
0	無	30	14.9%
1	有	172	85.1%
Sysmiss		387	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# b3: 目前疾病控制方法:有無飲食控制

**Information** [Type= discrete] [Format=numeric] [Range= 1-1] [Missing=\*]

**Statistics [NW/ W]** [Valid=421 /-] [Invalid=168 /-]

Value	Label	Cases	Percentage
1	有	421	100.0%
Sysmiss		168	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# b4: 目前疾病控制方法:有無運動習慣

**Information** [Type= discrete] [Format=numeric] [Range= 1-1] [Missing=\*]

**Statistics [NW/ W]** [Valid=351 /-] [Invalid=238 /-]

## File : data

# b4: 目前疾病控制方法:有無運動習慣

Value	Label	Cases	Percentage
1	有	351	100.0%
Sysmiss		238	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# b5: 是否參加糖尿病病友團體及衛教課程

Information	[Type= discrete] [Format=numeric] [Range= 0-1] [Missing= *]
Statistics [NW/ W]	[Valid=589 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
0	否	519	88.1%
1	是	70	11.9%

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# b51: (續答)參加糖尿病病友團體及衛教課程對你的幫助程度

Information	[Type= discrete] [Format=numeric] [Range= 1-4] [Missing= *]
Statistics [NW/ W]	[Valid=65 /-] [Invalid=524 /-]

Value	Label	Cases	Percentage
1	完全沒幫助	6	9.2%
2	有些沒幫助	5	7.7%
3	有些幫助	30	46.2%
4	非常有幫助	24	36.9%
Sysmiss		524	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# m1: 我能自行檢測血糖

Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing= *]
Statistics [NW/ W]	[Valid=586 /-] [Invalid=3 /-]

Value	Label	Cases	Percentage
1	完全無法做到	136	23.2%
2	無法做到	17	2.9%
3	也許可以做到， 也許不可以	80	13.7%
4	可以做到	38	6.5%
5	完全可以做到	315	53.8%
Sysmiss		3	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# m2: 當我的血糖不穩定時時， 我能調整我的血糖

Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing= *]
Statistics [NW/ W]	[Valid=586 /-] [Invalid=3 /-]

Value	Label	Cases	Percentage
1	完全無法做到	36	6.1%
2	無法做到	16	2.7%
3	也許可以做到， 也許不可以	106	18.1%
4	可以做到	101	17.2%
5	完全可以做到	327	55.8%

## File : data

# m2: 當我的血糖不穩定時，我能調整我的血糖

Value	Label	Cases	Percentage
Sysmiss		3	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# m3: 我能做足夠的身體活動(例如:溜狗、瑜珈、園藝、或伸展運動等)

Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing= *]
Statistics [NW/ W]	[Valid=587 /-] [Invalid=2 /-]

Value	Label	Cases	Percentage
1	完全無法做到	37	6.3%
2	無法做到	38	6.5%
3	也許可以做到，也許不可以	104	17.7%
4	可以做到	107	18.2%
5	完全可以做到	301	51.3%
Sysmiss		2	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# m4: 當醫護人員建議我多做一些身體活動，我有能力確實做到

Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing= *]
Statistics [NW/ W]	[Valid=587 /-] [Invalid=2 /-]

Value	Label	Cases	Percentage
1	完全無法做到	38	6.5%
2	無法做到	30	5.1%
3	也許可以做到，也許不可以	109	18.6%
4	可以做到	126	21.5%
5	完全可以做到	284	48.4%
Sysmiss		2	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# m5: 當我身體活動量增加時，我能自行調整我的飲食計畫

Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing= *]
Statistics [NW/ W]	[Valid=589 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	完全無法做到	40	6.8%
2	無法做到	19	3.2%
3	也許可以做到，也許不可以	123	20.9%
4	可以做到	141	23.9%
5	完全可以做到	266	45.2%

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# m6: 當我在外用餐時，我仍然能遵行我的糖尿病飲食計畫

Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing= *]
Statistics [NW/ W]	[Valid=588 /-] [Invalid=1 /-]

Value	Label	Cases	Percentage
1	完全無法做到	54	9.2%
2	無法做到	41	7.0%
3	也許可以做到，也許不可以	143	24.3%

## File : data

# m6: 當我在外用餐時，我仍然能遵行我的糖尿病飲食計畫

Value	Label	Cases	Percentage
4	可以做到	128	21.8%
5	完全能做到	222	37.8%
Sysmiss		1	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# m7: 在特殊節日時，我仍然能遵守我的糖尿病飲食計畫

Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing= *]
Statistics [NW/ W]	[Valid=588 /-] [Invalid=1 /-]

Value	Label	Cases	Percentage
1	完全無法做到	47	8.0%
2	無法做到	48	8.2%
3	也許可以做到，也許不可以	145	24.7%
4	可以做到	151	25.7%
5	完全能做到	197	33.5%
Sysmiss		1	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# m8: 當我承受壓力或焦慮時，我仍然能維持我的飲食計畫

Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing= *]
Statistics [NW/ W]	[Valid=589 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	完全無法做到	30	5.1%
2	無法做到	27	4.6%
3	也許可以做到，也許不可以	130	22.1%
4	可以做到	128	21.7%
5	完全能做到	274	46.5%

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# m9: 當我生病時，我仍然能維持我的糖尿病藥物治療

Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing= *]
Statistics [NW/ W]	[Valid=582 /-] [Invalid=7 /-]

Value	Label	Cases	Percentage
1	完全無法做到	6	1.0%
2	無法做到	2	0.3%
3	也許可以做到，也許不可以	63	10.8%
4	可以做到	77	13.2%
5	完全能做到	434	74.6%
Sysmiss		7	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# m10: 我能夠依醫師處方按時服藥

Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing= *]
Statistics [NW/ W]	[Valid=585 /-] [Invalid=4 /-]

Value	Label	Cases	Percentage
1	完全無法做到	2	0.3%

## File : data

# m10: 我能夠依醫師處方按時服藥

Value	Label	Cases	Percentage
2	無法做到	1	0.2%
3	也許可以做到，也許不可以	17	2.9%
4	可以做到	58	9.9%
5	完全可以做到	507	86.7%
Sysmiss		4	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# m11: 我能做到每三個月回診，以監測我的糖尿病狀況

Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing=*]
Statistics [NW/ W]	[Valid=588 /-] [Invalid=1 /-]

Value	Label	Cases	Percentage
1	完全無法做到	1	0.2%
2	無法做到	0	
3	也許可以做到，也許不可以	9	1.5%
4	可以做到	26	4.4%
5	完全可以做到	552	93.9%
Sysmiss		1	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# t1: 如果我不服用藥物或監測血糖，關心我的人會對我生氣

Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing=*]
Statistics [NW/ W]	[Valid=586 /-] [Invalid=3 /-]

Value	Label	Cases	Percentage
1	完全不同意	233	39.8%
2	有點不同意	37	6.3%
3	普通	71	12.1%
4	有點同意	65	11.1%
5	完全同意	180	30.7%
Sysmiss		3	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# t2: 如果我不服用藥物或監測血糖，我會覺得自己很糟糕

Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing=*]
Statistics [NW/ W]	[Valid=589 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	完全不同意	143	24.3%
2	有點不同意	25	4.2%
3	普通	86	14.6%
4	有點同意	109	18.5%
5	完全同意	226	38.4%

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# t3: 當我沒有遵從醫師的建議，我心理會有罪惡感

Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing=*]
Statistics [NW/ W]	[Valid=587 /-] [Invalid=2 /-]

## File : data

# t3: 當我沒有遵從醫師的建議，我心理會有罪惡感

Value	Label	Cases	Percentage
1	完全不同意	115	19.6%
2	有點不同意	22	3.7%
3	普通	88	15.0%
4	有點同意	119	20.3%
5	完全同意	243	41.4%
Sysmiss		2	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

# t4: 我覺得能做到定時服用藥物或定期監測血糖，對我個人而言是一項挑戰

Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing= *]
Statistics [NW/ W]	[Valid=588 /-] [Invalid=1 /-]

Value	Label	Cases	Percentage
1	完全不同意	218	37.1%
2	有點不同意	50	8.5%
3	普通	112	19.0%
4	有點同意	71	12.1%
5	完全同意	137	23.3%
Sysmiss		1	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

# t5: 我相信只要好好控制血糖就可以改善我的健康

Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing= *]
Statistics [NW/ W]	[Valid=588 /-] [Invalid=1 /-]

Value	Label	Cases	Percentage
1	完全不同意	8	1.4%
2	有點不同意	4	0.7%
3	普通	22	3.7%
4	有點同意	70	11.9%
5	完全同意	484	82.3%
Sysmiss		1	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

# t6: 如成功地將自己的血糖值維持在理想範圍內，對我而言是一件令人振奮的事

Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing= *]
Statistics [NW/ W]	[Valid=587 /-] [Invalid=2 /-]

Value	Label	Cases	Percentage
1	完全不同意	7	1.2%
2	有點不同意	5	0.9%
3	普通	35	6.0%
4	有點同意	55	9.4%
5	完全同意	485	82.6%
Sysmiss		2	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

# t7: 我會想要讓醫師認為我是位好病患						
Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing= *]					
Statistics [NW/ W]	[Valid=587 /-] [Invalid=2 /-]					
Value	Label	Cases	Percentage			
1	完全不同意	6	1.0%			
2	有點不同意	9	1.5%			
3	普通	52	8.9%			
4	有點同意	82	14.0%			
5	完全同意	438	74.6%			
Sysmiss		2				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# t8: 我相信遵守飲食控制與適度運動，對健康是很重要的						
Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing= *]					
Statistics [NW/ W]	[Valid=587 /-] [Invalid=2 /-]					
Value	Label	Cases	Percentage			
1	完全不同意	3	0.5%			
2	有點不同意	5	0.9%			
3	普通	21	3.6%			
4	有點同意	59	10.1%			
5	完全同意	499	85.0%			
Sysmiss		2				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# t9: 如果我不遵守飲食控制與適度運動，我會感到羞愧						
Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing= *]					
Statistics [NW/ W]	[Valid=587 /-] [Invalid=2 /-]					
Value	Label	Cases	Percentage			
1	完全不同意	71	12.1%			
2	有點不同意	36	6.1%			
3	普通	129	22.0%			
4	有點同意	124	21.1%			
5	完全同意	227	38.7%			
Sysmiss		2				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# t10: 我已經仔細地思考過控制血糖的飲食原則與運動，並相信那是正確且要做的事						
Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing= *]					
Statistics [NW/ W]	[Valid=588 /-] [Invalid=1 /-]					
Value	Label	Cases	Percentage			
1	完全不同意	5	0.9%			
2	有點不同意	6	1.0%			
3	普通	40	6.8%			
4	有點同意	84	14.3%			
5	完全同意	453	77.0%			
Sysmiss		1				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						

# t11: 我遵守飲食控制原則與適度運動，因為這是糖尿病患應該做的事情						
Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing=*]					
Statistics [NW/ W]	[Valid=588 /-] [Invalid=1 /-]					
Value	Label	Cases	Percentage			
1	完全不同意	12	2.0%			
2	有點不同意	15	2.6%			
3	普通	57	9.7%			
4	有點同意	98	16.7%			
5	完全同意	406	69.0%			
Sysmiss		1				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# t12: 我遵守飲食控制與適度運動是因為這是醫師的指示						
Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing=*]					
Statistics [NW/ W]	[Valid=588 /-] [Invalid=1 /-]					
Value	Label	Cases	Percentage			
1	完全不同意	74	12.6%			
2	有點不同意	33	5.6%			
3	普通	89	15.1%			
4	有點同意	117	19.9%			
5	完全同意	275	46.8%			
Sysmiss		1				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# t13: 對我而言遵守飲食控制與適度運動，是最有益處的事情						
Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing=*]					
Statistics [NW/ W]	[Valid=587 /-] [Invalid=2 /-]					
Value	Label	Cases	Percentage			
1	完全不同意	4	0.7%			
2	有點不同意	6	1.0%			
3	普通	21	3.6%			
4	有點同意	86	14.7%			
5	完全同意	470	80.1%			
Sysmiss		2				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# t14: 選擇遵守飲食控制與適度運動，這是我自己想要努力的目標						
Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing=*]					
Statistics [NW/ W]	[Valid=587 /-] [Invalid=2 /-]					
Value	Label	Cases	Percentage			
1	完全不同意	6	1.0%			
2	有點不同意	10	1.7%			
3	普通	25	4.3%			
4	有點同意	80	13.6%			
5	完全同意	466	79.4%			
Sysmiss		2				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						

# t15: 學習與糖尿病共存是一項挑戰						
Information		[Type= discrete] [Format=numeric] [Range= 1-5] [Missing= *]				
Statistics [NW/ W]		[Valid=588 /-] [Invalid=1 /-]				
Value		Cases	Percentage			
1		106	18.0%			
2		24	4.1%			
3		75	12.8%			
4		61	10.4%			
5		322	54.8%			
Sysmiss		1				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# aa: 藥物治療達成程度						
Information		[Type= discrete] [Format=numeric] [Range= 1-5] [Missing= *]				
Statistics [NW/ W]		[Valid=575 /-] [Invalid=14 /-]				
Value		Cases	Percentage			
1		3	0.5%			
2		5	0.9%			
3		28	4.9%			
4		114	19.8%			
5		425	73.9%			
Sysmiss		14				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# bb: 健康飲食達成程度						
Information		[Type= discrete] [Format=numeric] [Range= 1-5] [Missing= *]				
Statistics [NW/ W]		[Valid=588 /-] [Invalid=1 /-]				
Value		Cases	Percentage			
1		16	2.7%			
2		29	4.9%			
3		160	27.2%			
4		155	26.4%			
5		228	38.8%			
Sysmiss		1				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# cc: 檢查血糖達成程度						
Information		[Type= discrete] [Format=numeric] [Range= 1-5] [Missing= *]				
Statistics [NW/ W]		[Valid=587 /-] [Invalid=2 /-]				
Value		Cases	Percentage			
1		68	11.6%			
2		35	6.0%			
3		93	15.8%			
4		80	13.6%			
5		311	53.0%			
Sysmiss		2				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						

# dd: 規律運動達成程度						
Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing= *]					
Statistics [NW/ W]	[Valid=588 /-] [Invalid=1 /-]					
Value	Label	Cases	Percentage			
1	最差	54	9.2%			
2	差	53	9.0%			
3	普通	143	24.3%			
4	佳	96	16.3%			
5	最佳	242	41.2%			
Sysmiss		1				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# aa1: 影響藥物治療達成的因素:太忙						
Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]					
Statistics [NW/ W]	[Valid=73 /-] [Invalid=516 /-]					
Value	Label	Cases	Percentage			
1	是	73	100.0%			
Sysmiss		516				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# aa2: 影響藥物治療達成的因素:太麻煩						
Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]					
Statistics [NW/ W]	[Valid=13 /-] [Invalid=576 /-]					
Value	Label	Cases	Percentage			
1	是	13	100.0%			
Sysmiss		576				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# aa3: 影響藥物治療達成的因素:不相信醫師						
Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]					
Statistics [NW/ W]	[Valid=1 /-] [Invalid=588 /-]					
Value	Label	Cases	Percentage			
1	是	1	100.0%			
Sysmiss		588				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# aa4: 影響藥物治療達成的因素:不相信有用						
Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]					
Statistics [NW/ W]	[Valid=4 /-] [Invalid=585 /-]					
Value	Label	Cases	Percentage			
1	是	4	100.0%			
Sysmiss		585				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# aa5: 影響藥物治療達成的因素:不喜歡做						
Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]					
Statistics [NW/ W]	[Valid=6 /-] [Invalid=583 /-]					

# aa5: 影響藥物治療達成的因素:不喜歡做						
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	6	100.0%			
Sysmiss		583				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# aa6: 影響藥物治療達成的因素:不瞭解						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=6 /-] [Invalid=583 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	6	100.0%			
Sysmiss		583				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# aa7: 影響藥物治療達成的因素:忘了						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=143 /-] [Invalid=446 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	143	100.0%			
Sysmiss		446				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# aa8: 影響藥物治療達成的因素:看病太貴了						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=1 /-] [Invalid=588 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	1	100.0%			
Sysmiss		588				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# aa9: 影響藥物治療達成的因素:對於介入失望						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=1 /-] [Invalid=588 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	1	100.0%			
Sysmiss		588				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# aa10: 影響藥物治療達成的因素:對結果失望						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=6 /-] [Invalid=583 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	6	100.0%			
Sysmiss		583				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# aa11: 影響藥物治療達成的因素:其他						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=98 /-] [Invalid=491 /-]				

# aa11: 影響藥物治療達成的因素:其他						
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	98	100.0%			
Sysmiss		491				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# bb1: 影響健康飲食達成的因素:太忙						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=71 /-] [Invalid=518 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	71	100.0%			
Sysmiss		518				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# bb2: 影響健康飲食達成的因素:太麻煩						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=118 /-] [Invalid=471 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	118	100.0%			
Sysmiss		471				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# bb3: 影響健康飲食達成的因素:不相信醫師						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=0 /-] [Invalid=589 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	0	100.0%			
Sysmiss		589				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# bb4: 影響健康飲食達成的因素:不相信有用						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=6 /-] [Invalid=583 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	6	100.0%			
Sysmiss		583				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# bb5: 影響健康飲食達成的因素:不喜歡做						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=31 /-] [Invalid=558 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	31	100.0%			
Sysmiss		558				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# bb6: 影響健康飲食達成的因素:不瞭解						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=10 /-] [Invalid=579 /-]				

# bb6: 影響健康飲食達成的因素:不瞭解						
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	10	100.0%			
Sysmiss		579				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# bb7: 影響健康飲食達成的因素:忘了						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=40 /-] [Invalid=549 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	40	100.0%			
Sysmiss		549				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# bb8: 影響健康飲食達成的因素:看病太貴了						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=1 /-] [Invalid=588 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	1	100.0%			
Sysmiss		588				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# bb9: 影響健康飲食達成的因素:對於介入失望						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=2 /-] [Invalid=587 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	2	100.0%			
Sysmiss		587				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# bb10: 影響健康飲食達成的因素:對結果失望						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=6 /-] [Invalid=583 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	6	100.0%			
Sysmiss		583				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# bb11: 影響健康飲食達成的因素:其他						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=147 /-] [Invalid=442 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	147	100.0%			
Sysmiss		442				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# cc1: 影響檢查血糖達成的因素:太忙						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=56 /-] [Invalid=533 /-]				

# cc1: 影響檢查血糖達成的因素:太忙						
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	56	100.0%			
Sysmiss		533				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# cc2: 影響檢查血糖達成的因素:太麻煩						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=63 /-] [Invalid=526 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	63	100.0%			
Sysmiss		526				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# cc3: 影響檢查血糖達成的因素:不相信醫師						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=1 /-] [Invalid=588 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	1	100.0%			
Sysmiss		588				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# cc4: 影響檢查血糖達成的因素:不相信有用						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=3 /-] [Invalid=586 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	3	100.0%			
Sysmiss		586				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# cc5: 影響檢查血糖達成的因素:不喜歡做						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=18 /-] [Invalid=571 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	18	100.0%			
Sysmiss		571				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# cc6: 影響檢查血糖達成的因素:不瞭解						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=3 /-] [Invalid=586 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	3	100.0%			
Sysmiss		586				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# cc7: 影響檢查血糖達成的因素:忘了						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=48 /-] [Invalid=541 /-]				

# cc7: 影響檢查血糖達成的因素:忘了						
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	48	100.0%			
Sysmiss		541				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# cc8: 影響檢查血糖達成的因素:看病太貴了						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=4 /-] [Invalid=585 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	4	100.0%			
Sysmiss		585				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# cc9: 影響檢查血糖達成的因素:對於介入失望						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=2 /-] [Invalid=587 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	2	100.0%			
Sysmiss		587				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# cc10: 影響檢查血糖達成的因素:對結果失望						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=10 /-] [Invalid=579 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	10	100.0%			
Sysmiss		579				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# cc11: 影響檢查血糖達成的因素:其他						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=175 /-] [Invalid=414 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	175	100.0%			
Sysmiss		414				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# dd1: 影響規律運動達成的因素:太忙						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=158 /-] [Invalid=431 /-]				
<b>Value</b>	<b>Label</b>	<b>Cases</b>	<b>Percentage</b>			
1	是	158	100.0%			
Sysmiss		431				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# dd2: 影響規律運動達成的因素:太麻煩						
<b>Information</b>		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]				
<b>Statistics [NW/ W]</b>		[Valid=62 /-] [Invalid=527 /-]				

# dd2: 影響規律運動達成的因素:太麻煩				
Value	Label	Cases	Percentage	
1	是	62		100.0%
Sysmiss		527		
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>				
# dd3: 影響規律運動達成的因素:不相信醫師				
Information		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]		
Statistics [NW/ W]		[Valid=2 /-] [Invalid=587 /-]		
Value	Label	Cases	Percentage	
1	是	2		100.0%
Sysmiss		587		
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>				
# dd4: 影響規律運動達成的因素:不相信有用				
Information		[Type= discrete] [Format=numeric] [Range= 1-1] [Missing= *]		
Statistics [NW/ W]		[Valid=2 /-] [Invalid=587 /-]		
Value	Label	Cases	Percentage	
1	是	2		100.0%
Sysmiss		587		
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>				

# dd5: 影響規律運動達成的因素:不喜歡做				
Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing=*]			
Statistics [NW/ W]	[Valid=44 /-] [Invalid=545 /-]			
Value	Label	Cases	Percentage	
1	是	44	100.0%	
Sysmiss		545		
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>				
# dd6: 影響規律運動達成的因素:不瞭解				
Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing=*]			
Statistics [NW/ W]	[Valid=6 /-] [Invalid=583 /-]			
Value	Label	Cases	Percentage	
1	是	6	100.0%	
Sysmiss		583		
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>				
# dd7: 影響規律運動達成的因素:忘了				
Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing=*]			
Statistics [NW/ W]	[Valid=31 /-] [Invalid=558 /-]			
Value	Label	Cases	Percentage	
1	是	31	100.0%	
Sysmiss		558		
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>				
# dd8: 影響規律運動達成的因素:看病太貴了				
Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing=*]			
Statistics [NW/ W]	[Valid=2 /-] [Invalid=587 /-]			
Value	Label	Cases	Percentage	
1	是	2	100.0%	
Sysmiss		587		
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>				
# dd9: 影響規律運動達成的因素:對於介入失望				
Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing=*]			
Statistics [NW/ W]	[Valid=1 /-] [Invalid=588 /-]			
Value	Label	Cases	Percentage	
1	是	1	100.0%	
Sysmiss		588		
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>				
# dd10: 影響規律運動達成的因素:對結果失望				
Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing=*]			
Statistics [NW/ W]	[Valid=6 /-] [Invalid=583 /-]			
Value	Label	Cases	Percentage	
1	是	6	100.0%	
Sysmiss		583		
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>				

# dd11: 影響規律運動達成的因素:其他						
Information	[Type= discrete] [Format=numeric] [Range= 1-1] [Missing=*]					
Statistics [NW/ W]	[Valid=131 /-] [Invalid=458 /-]					
Value	Label		Cases	Percentage		
1	是		131	100.0%		
Sysmiss			458			
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# q1: 做事時提不起勁或沒有樂趣						
Information	[Type= discrete] [Format=numeric] [Range= 0-3] [Missing=*]					
Statistics [NW/ W]	[Valid=588 /-] [Invalid=1 /-]					
Value	Label		Cases	Percentage		
0	完全沒有		390	66.3%		
1	幾天		141	24.0%		
2	一半以上的天數		43	7.3%		
3	幾乎每天		14	2.4%		
Sysmiss			1			
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# q2: 感到心情低落、沮喪或難過						
Information	[Type= discrete] [Format=numeric] [Range= 0-3] [Missing=*]					
Statistics [NW/ W]	[Valid=588 /-] [Invalid=1 /-]					
Value	Label		Cases	Percentage		
0	完全沒有		392	66.7%		
1	幾天		152	25.9%		
2	一半以上的天數		29	4.9%		
3	幾乎每天		15	2.6%		
Sysmiss			1			
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# q3: 入睡困難、睡不安穩或睡眠過多						
Information	[Type= discrete] [Format=numeric] [Range= 0-3] [Missing=*]					
Statistics [NW/ W]	[Valid=586 /-] [Invalid=3 /-]					
Value	Label		Cases	Percentage		
0	完全沒有		302	51.5%		
1	幾天		148	25.3%		
2	一半以上的天數		64	10.9%		
3	幾乎每天		72	12.3%		
Sysmiss			3			
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# q4: 感覺疲憊或沒有活力						
Information	[Type= discrete] [Format=numeric] [Range= 0-3] [Missing=*]					
Statistics [NW/ W]	[Valid=584 /-] [Invalid=5 /-]					
Value	Label		Cases	Percentage		
0	完全沒有		320	54.8%		
1	幾天		187	32.0%		
2	一半以上的天數		58	9.9%		

# q4: 感覺疲憊或沒有活力						
Value	Label	Cases	Percentage			
3	幾乎每天	19	3.3%			
Sysmiss		5				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# q5: 覺得自己很糟、很失敗，或讓自己或家人失望						
Information		[Type= discrete] [Format=numeric] [Range= 0-3] [Missing= *]				
Statistics [NW/ W]		[Valid=588 /-] [Invalid=1 /-]				
Value	Label	Cases	Percentage			
0	完全沒有	465	79.1%			
1	幾天	96	16.3%			
2	一半以上的天數	20	3.4%			
3	幾乎每天	7	1.2%			
Sysmiss		1				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# q6: 對事情無法專注(例如閱讀報紙或看電視等)						
Information		[Type= discrete] [Format=numeric] [Range= 0-3] [Missing= *]				
Statistics [NW/ W]		[Valid=588 /-] [Invalid=1 /-]				
Value	Label	Cases	Percentage			
0	完全沒有	456	77.6%			
1	幾天	104	17.7%			
2	一半以上的天數	24	4.1%			
3	幾乎每天	4	0.7%			
Sysmiss		1				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# q7: 動作或說話速度緩慢到別人以察覺;或煩躁、坐立不安等情況勝於平常						
Information		[Type= discrete] [Format=numeric] [Range= 0-3] [Missing= *]				
Statistics [NW/ W]		[Valid=588 /-] [Invalid=1 /-]				
Value	Label	Cases	Percentage			
0	完全沒有	511	86.9%			
1	幾天	60	10.2%			
2	一半以上的天數	13	2.2%			
3	幾乎每天	4	0.7%			
Sysmiss		1				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# q8: 有希望自己死掉或傷害自己的念頭						
Information		[Type= discrete] [Format=numeric] [Range= 0-3] [Missing= *]				
Statistics [NW/ W]		[Valid=588 /-] [Invalid=1 /-]				
Value	Label	Cases	Percentage			
0	完全沒有	549	93.4%			
1	幾天	28	4.8%			
2	一半以上的天數	3	0.5%			
3	幾乎每天	8	1.4%			
Sysmiss		1				

## # q8: 有希望自己死掉或傷害自己的念頭

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

## # e1: 行動能力

**Information** [Type= discrete] [Format=numeric] [Range= 1-3] [Missing= \*]

**Statistics [NW/ W]** [Valid=589 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	我可以四處走動，沒有任何問題	555	94.2%
2	我行動有些不便	34	5.8%
3	我臥病在床	0	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

## # e2: 自我照顧能力

**Information** [Type= discrete] [Format=numeric] [Range= 1-3] [Missing= \*]

**Statistics [NW/ W]** [Valid=589 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	我能照顧自己，沒有任何問題	584	99.2%
2	我在盥洗、洗澡或穿衣方面有些問題	4	0.7%
3	我無法自己盥洗、洗澡或穿衣	1	0.2%

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

## # e3: 平常活動能力

**Information** [Type= discrete] [Format=numeric] [Range= 1-3] [Missing= \*]

**Statistics [NW/ W]** [Valid=589 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	我能從事平常活動，沒有任何問題	580	98.5%
2	我在從事平常活動方面有些問題	7	1.2%
3	我無法從事平常活動	2	0.3%

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

## # e4: 疼痛/不舒服程度

**Information** [Type= discrete] [Format=numeric] [Range= 1-3] [Missing= \*]

**Statistics [NW/ W]** [Valid=589 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	我沒有任何疼痛或不舒服	459	77.9%
2	我覺得中度疼痛或不舒服	126	21.4%
3	我覺得極度疼痛或不舒服	4	0.7%

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

## # e5: 焦慮/沮喪程度

**Information** [Type= discrete] [Format=numeric] [Range= 1-3] [Missing= \*]

**Statistics [NW/ W]** [Valid=588 /-] [Invalid=1 /-]

Value	Label	Cases	Percentage
1	我不覺得焦慮或沮喪	502	85.4%
2	我覺得中度焦慮或沮喪	83	14.1%
3	我覺得極度焦慮或沮喪	3	0.5%
Sysmiss		1	

*Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.*

# e6: 與我過去12個月的一般健康狀況比較，我今天的健康狀況為						
Information	[Type= discrete] [Format=numeric] [Range= 1-3] [Missing= *]					
Statistics [NW/ W]	[Valid=588 /-] [Invalid=1 /-]					
Value	Label	Cases	Percentage			
1	較好	183	31.1%			
2	差不多	315	53.6%			
3	較差	90	15.3%			
Sysmiss		1				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						
# score: 請問您今天的健康狀況是						
Information	[Type= discrete] [Format=numeric] [Range= 0-100] [Missing= *]					
Statistics [NW/ W]	[Valid=584 /-] [Invalid=5 /-]					
Value	Label	Cases	Percentage			
0	最差	0				
40		3	0.5%			
45		1	0.2%			
50		28	4.8%			
55		3	0.5%			
59		2	0.3%			
60		91	15.6%			
65		10	1.7%			
66		1	0.2%			
70		107	18.3%			
72		1	0.2%			
73		1	0.2%			
75		37	6.3%			
78		1	0.2%			
79		1	0.2%			
80		151	25.9%			
82		2	0.3%			
84		1	0.2%			
85		41	7.0%			
86		1	0.2%			
87		1	0.2%			
88		1	0.2%			
90		59	10.1%			
95		10	1.7%			
96		1	0.2%			
99		1	0.2%			
100	最好	28	4.8%			
Sysmiss		5				
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>						