

台灣 (Taiwan, ROC)

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孕期婦女之身心健康研究：孕期身心健康
評估工具與孕產期心理健康促進模式之建構

Study Documentation

August 7, 2020

Metadata Production

Metadata Producer(s)	學術調查研究資料庫(Survey Research Data Archive) (SRDA) , 中央研究院人社中心調查研究 專題中心 , DDI文件製作
Production Date	August 22, 2018
Version	2.0版, 參考IHSN Nesstar Template修改
Identification	E10521

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孕期婦女之身心健康研究：孕期身心健康評估工具與孕產期心理健康促進模式之建構

Mental Health of Pregnant Women: Development of Evolution Questionnaire and Model of Perinatal Mental Health Promotion

Overview

Identification	E10521
Version	Production Date: 2025-08-01 1

Abstract

懷孕為婦女的生活帶來了許多身心變化，伴隨而來的壓力對孕期婦女的生理和心理有極大的影響，孕期婦女的身心健康狀態，也可能影響胎兒的生理及心理發展。如要提供懷孕婦女適切的心理健康服務，需要適當的測量工具以有效地評估懷孕的婦女的身心健康，才能協助相關專業人員提供合適的心理健康照護服務。本研究的目的是編制孕期婦女身心健康問卷，並進行其信效度的檢驗。

本研究以問卷調查方式收集台灣地區懷孕婦女的資料。以及透過多元管道進行招募，包括在相關育兒親子網站、社群網站刊登研究招募文宣，共計於 26 個網站社群張貼本研究案之文宣，並於各地區「媽媽教室」，進行研究參與者的邀請，本研究正式樣本共計於 35 場次媽媽教室進行研究邀請。同時以研究參與者認識的懷孕婦女，以滾雪球方式招募其他符合條件的懷孕婦女。最後以1365 位研究參與者之正式問卷資料進行經因素分析、內部一致性信度以及效標關聯效度分析，結果顯示臺灣懷孕婦女身心健康適應問卷具有良好的信效度，未來可發展成為臨床實務初級篩檢評估工具。

Kind of Data	抽查
Unit of Analysis	個人

Scope & Coverage

Time Period(s)	2017
Countries	台灣 (Taiwan, ROC)
Geographic Coverage	台灣地區
Universe	臺灣懷孕婦女

Producers & Sponsors

Primary Investigator(s)	劉彥君
Other Producer(s)	台北市立大學心理與諮商學系
Funding Agency/ies	科技部

Sampling

Sampling Procedure

本研究以問卷調查方式收集台灣地區懷孕婦女的資料。以及透過多元管道進行招募，包括在相關育兒親子網站、社群網站刊登研究招募文宣，共計於 26 個網站社群張貼本研究案之文宣，並於各地區「媽媽教室」，進行研究參與者的邀請，本研究正式樣本共計於 35 場次媽媽教室進行研究邀請。同時以研究參與者認識的懷孕婦女，以滾雪球方式招募其他符合條件的懷孕婦女。

本研究正式問卷確認後，參考內政部戶政司民國 103 年度在台灣本島的出生人數，按照北、中、南等三個地區新生兒比例抽取樣本數進行收案，以達到樣本的代表性：北部地區(50%)，中部地區(26%)，南部地區(24%)。本研究正式問卷實際招收樣本數共計 1365 位懷孕婦女：北部地區 694 位懷孕婦女(50.84%)、中部地區 261 位懷孕婦女(19.12%)、南部地區 391 位懷孕婦女(28.67%)，其他地區為 19 位懷孕婦女(1.39%)。

Data Collection	
Data Collection Dates	start 2017-02-09 end 2017-05-18
Time Period(s)	start 2016-08-01 end 2018-07-31
Data Collection Mode	郵寄自填問卷

Data Processing & Appraisal	
Data Editing	中央研究院人文社會科學研究中心調查研究專題中心所進行的資料整理方式，為不合理值檢核。
Other Processing	本研究邀請臨床心理以及心理測驗領域專家，針對「臺灣懷孕婦女身心健康適應問卷」之題項內容進行專家效度檢驗，並經預試問卷信效度分析結果，將題項由 58 題 縮減為 38 題。

Accessibility	
Contact(s)	學術調查研究資料庫(Survey Research Data Archive) (中央研究院人社中心調查研究專題中心), https://srda.sinica.edu.tw , srda@gate.sinica.edu.tw
Distributor(s)	學術調查研究資料庫(Survey Research Data Archive)
Depositor(s)	台北市立大學心理與諮商學系
Access Conditions	標準版(一般會員、院內會員直接下載)

Files Description

Dataset contains 1 file(s)

data	
# Cases	1309
# Variable(s)	95

Variables Group(s)

Dataset contains 4 group(s)

Group 1.基本資料							
#	Name	Label	Type	Format	Valid	Invalid	Question
1	id	樣本編號	discrete	character-15	1309	0	-
2	v1	地區	discrete	numeric-8.2	1309	0	-
3	v2	孕期	discrete	numeric-8.2	1309	0	-
4	v3	年齡	discrete	numeric-4.0	1295	14	-
5	v4	教育程度	discrete	numeric-6.0	1297	12	-
6	v5	婚姻狀況	discrete	numeric-6.0	1307	2	-
7	v6	是否與配偶同住	discrete	numeric-9.0	1306	3	-
8	v7	產前工作狀況	discrete	numeric-8.0	1304	5	-
9	v8	家庭年收入	discrete	numeric-8.0	1290	19	-
10	v9	目前懷孕週數	discrete	numeric-9.0	1309	0	-
11	v10	預產期	discrete	character-30	1309	0	-
12	v11	胎次	discrete	numeric-7.0	1304	5	-
13	v12	若為經產婦，其他小孩的年齡	discrete	character-60	1308	0	-
14	v13	寶寶性別	discrete	numeric-7.0	1309	0	-
15	v14	高危險妊娠	discrete	numeric-19.0	1309	0	-
16	v15	孕期慢性疾病	discrete	numeric-25.0	1309	0	-
17	v16	說明孕期慢性疾病	discrete	character-84	1309	0	-
18	v17	過去精神病史	discrete	numeric-11.0	1309	0	-
19	v18	被診斷的精神疾病名稱	discrete	character-81	40	0	-

Group 2.孕期身心健康評估工具							
#	Name	Label	Type	Format	Valid	Invalid	Question
1	a1	我失眠、睡不好	discrete	numeric-9.0	1309	0	-
2	a2	我的體力無法勝任以往習慣的工作或家務	discrete	numeric-20.0	1309	0	-
3	a3	我變得頻尿	discrete	numeric-7.0	1309	0	-
4	a4	我腰酸背痛	discrete	numeric-7.0	1309	0	-
5	a5	我不像以往能靈活行動	discrete	numeric-12.0	1309	0	-
6	a6	懷孕造成的身體狀態改變讓我感到困擾	discrete	numeric-19.0	1309	0	-
7	a7	我擔心孩子未來的健康與發展狀況	discrete	numeric-17.0	1309	0	-
8	a8	我擔心孩子出生會改變原有的家庭生活	discrete	numeric-19.0	1309	0	-
9	a9	我擔心孩子出生後無法兼顧孩子和工作	discrete	numeric-19.0	1309	0	-

#	Name	Label	Type	Format	Valid	Invalid	Question
10	a10	我對於懷孕相關的禁忌習俗感到困擾	discrete	numeric-19.0	1309	0	-
11	a11	我對坐月子的安排感到困擾	discrete	numeric-15.0	1309	0	-
12	a12	我對孩子出生後的經濟支出感到有壓力	discrete	numeric-20.0	1309	0	-
13	a13	我擔心孩子出生後的照顧安排(如保母、托嬰	discrete	numeric-24.0	1309	0	-
14	a14	我樂於參加孕產相關衛教活動	discrete	numeric-16.0	1309	0	-
15	a15	我樂於參加產檢	discrete	numeric-10.0	1309	0	-
16	a16	當我想像寶寶的長相時感到期待	discrete	numeric-17.0	1309	0	-
17	a17	採買或準備寶寶的用品時我感到興奮	discrete	numeric-19.0	1309	0	-
18	a18	懷孕讓我體驗到生命的奧妙	discrete	numeric-15.0	1309	0	-
19	a19	我對未來感到期待	discrete	numeric-11.0	1309	0	-
20	a20	我變得容易責備自己	discrete	numeric-12.0	1309	0	-
21	a21	我常莫名感到緊張不安	discrete	numeric-13.0	1309	0	-
22	a22	我常莫名感到害怕或受到驚嚇	discrete	numeric-16.0	1309	0	-
23	a23	我感到憂鬱難過	discrete	numeric-10.0	1309	0	-
24	a24	我變得容易哭泣	discrete	numeric-10.0	1309	0	-
25	a25	我出現傷害自己或自殺的念頭	discrete	numeric-16.0	1309	0	-
26	a26	我的配偶能提供我所需要的協助	discrete	numeric-17.0	1309	0	-
27	a27	我信任我的配偶	discrete	numeric-10.0	1309	0	-
28	a28	我和配偶對家庭的未來有共識	discrete	numeric-16.0	1309	0	-
29	a29	當我因懷孕而感到無助時，配偶能給我足夠的支持	discrete	numeric-25.0	1309	0	-
30	a30	我的配偶能有效地調適懷孕帶來的改變	discrete	numeric-20.0	1309	0	-
31	a31	我滿意目前兩人的關係狀態	discrete	numeric-15.0	1309	0	-
32	a32	除了配偶以外的家人能提供我所需要的協助	discrete	numeric-22.0	1309	0	-
33	a33	我的朋友能提供我所需要的協助	discrete	numeric-17.0	1309	0	-
34	a34	除了配偶以外家人能提供我所需要的關心和支持	discrete	numeric-24.0	1309	0	-
35	a35	我的朋友能提供我所需要的關心和支持	discrete	numeric-20.0	1309	0	-
36	a36	我在網路社群中可以獲得我所需要的建議和支持	discrete	numeric-24.0	1309	0	-

#	Name	Label	Type	Format	Valid	Invalid	Question
37	a37	除了配偶以外家人能提供對我有用的懷孕知識或建議	discrete	numeric-26.0	1309	0	-
38	a38	我的朋友能提供對我有用的懷孕知識或建議	discrete	numeric-22.0	1309	0	-

Group 3.生活品質問卷

#	Name	Label	Type	Format	Valid	Invalid	Question
1	b1	整體來說，您如何評價您的生活品質	discrete	numeric-20.0	1309	0	-
2	b2	整體來說，您滿意自己的健康嗎	discrete	numeric-17.0	1309	0	-
3	b3	您覺得身體疼痛會妨礙您處理需要做的事情嗎	discrete	numeric-23.0	1309	0	-
4	b4	您需要靠醫療的幫助應付日常生活嗎	discrete	numeric-20.0	1309	0	-
5	b5	您享受生活嗎	discrete	numeric-10.0	1309	0	-
6	b6	您覺得自己的生命有意義嗎	discrete	numeric-16.0	1309	0	-
7	b7	您集中精神的能力有多好	discrete	numeric-15.0	1309	0	-
8	b8	在日常生活中，您感到安全嗎	discrete	numeric-17.0	1309	0	-
9	b9	您所處的環境健康嗎(如汙染、噪音、氣候、景觀)	discrete	numeric-27.0	1309	0	-
10	b10	您每天的生活有足夠的精力嗎	discrete	numeric-17.0	1309	0	-
11	b11	您能接受自己的外表嗎	discrete	numeric-15.0	1309	0	-
12	b12	您有足夠的金錢應付所需嗎	discrete	numeric-17.0	1309	0	-
13	b13	您能方便得到每日生活所需的資訊嗎	discrete	numeric-21.0	1309	0	-
14	b14	您有機會從事休閒活動嗎	discrete	numeric-16.0	1309	0	-
15	b15	您四處行動的能力好嗎	discrete	numeric-15.0	1309	0	-
16	b16	您滿意自己的睡眠狀況嗎	discrete	numeric-16.0	1309	0	-
17	b17	您滿意自己從事日常生活的能力嗎	discrete	numeric-20.0	1309	0	-
18	b18	您滿意自己的工作能力嗎	discrete	numeric-16.0	1309	0	-
19	b19	您對自己滿意嗎	discrete	numeric-12.0	1309	0	-
20	b20	您滿意自己的人際關係嗎	discrete	numeric-16.0	1309	0	-
21	b21	您滿意自己的性生活嗎	discrete	numeric-15.0	1309	0	-
22	b22	您滿意朋友給你的支持嗎	discrete	numeric-16.0	1309	0	-
23	b23	您滿意自己住所的狀況嗎	discrete	numeric-16.0	1309	0	-
24	b24	您滿意醫療保健服務的方便程度嗎	discrete	numeric-20.0	1309	0	-
25	b25	您滿意所使用的交通運輸方式嗎	discrete	numeric-19.0	1309	0	-

#	Name	Label	Type	Format	Valid	Invalid	Question
26	b26	您常有負面的感受嗎(如傷心、緊張、焦慮、憂鬱等)	discrete	numeric-29.0	1309	0	-
27	b27	您覺得自己有面子或被尊重嗎	discrete	numeric-18.0	1309	0	-
28	b28	您想吃的食物通常都能吃到嗎	discrete	numeric-18.0	1309	0	-

Group 4.心情指數

#	Name	Label	Type	Format	Valid	Invalid	Question
1	c1	我能開懷的笑並看到事物有趣的一面	discrete	numeric-19.0	1309	0	-
2	c2	我能夠以快樂的心情來期待事情	discrete	numeric-17.0	1309	0	-
3	c3	當事情不順利時，我會不必要地責備自己	discrete	numeric-21.0	1309	0	-
4	c4	我會無緣無故感到焦慮和擔心	discrete	numeric-16.0	1309	0	-
5	c5	我會無緣無故感到害怕和驚慌	discrete	numeric-16.0	1309	0	-
6	c6	事情壓得我喘不過氣來	discrete	numeric-13.0	1309	0	-
7	c7	我很不開心以致失眠	discrete	numeric-12.0	1309	0	-
8	c8	我感到難過和悲傷	discrete	numeric-11.0	1309	0	-
9	c9	我的不快樂導致我哭泣	discrete	numeric-13.0	1309	0	-
10	c10	我會有傷害自己的想法	discrete	numeric-14.0	1309	0	-

Variables Description

Dataset contains 95 variable(s)

File : data

id: 樣本編號

Information

[Type= discrete] [Format=character] [Missing=*]

Statistics [NW/ W]

[Valid=1309 /-] [Invalid=0 /-]

v1: 地區

Information

[Type= discrete] [Format=numeric] [Range= 1-3] [Missing=*/999]

Statistics [NW/ W]

[Valid=1309 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	北部地區	681	52.0%
2	中部地區	256	19.6%
3	南部地區	372	28.4%
999	未填答	0	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

v2: 孕期

Information

[Type= discrete] [Format=numeric] [Range= 1-3] [Missing=*/999]

Statistics [NW/ W]

[Valid=1309 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	第一孕期	317	24.2%
2	第二孕期	548	41.9%
3	第三孕期	444	33.9%
999	未填答	0	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

v3: 年齡

Information

[Type= discrete] [Format=numeric] [Range= 19-45] [Missing=*/999]

Statistics [NW/ W]

[Valid=1295 /-] [Invalid=14 /-]

Value	Label	Cases	Percentage
19		2	0.2%
20		1	0.1%
21		4	0.3%
22		4	0.3%
23		8	0.6%
24		21	1.6%
25		33	2.5%
26		37	2.9%
27		50	3.9%
28		89	6.9%
29		96	7.4%
30		127	9.8%
31		118	9.1%
32		151	11.7%
33		125	9.7%
34		106	8.2%
35		74	5.7%
36		94	7.3%

File : data

v3: 年齡

Value	Label	Cases	Percentage
37		57	4.4%
38		45	3.5%
39		16	1.2%
40		17	1.3%
41		10	0.8%
42		4	0.3%
43		3	0.2%
44		1	0.1%
45		2	0.2%
999	未填答	14	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

v4: 教育程度

Information	[Type= discrete] [Format=numeric] [Range= 1-4] [Missing=*/999]		
Statistics [NW/ W]	[Valid=1297 /-] [Invalid=12 /-]		
Value	Label	Cases	Percentage
1	國中	2	0.2%
2	高中職	101	7.8%
3	大學	891	68.7%
4	研究所以以上	303	23.4%
999	未填答	12	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

v5: 婚姻狀況

Information	[Type= discrete] [Format=numeric] [Range= 1-2] [Missing=*/999]		
Statistics [NW/ W]	[Valid=1307 /-] [Invalid=2 /-]		
Value	Label	Cases	Percentage
1	未婚	88	6.7%
2	已婚	1219	93.3%
999	未填答	2	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

v6: 是否與配偶同住

Information	[Type= discrete] [Format=numeric] [Range= 1-2] [Missing=*/999]		
Statistics [NW/ W]	[Valid=1306 /-] [Invalid=3 /-]		
Value	Label	Cases	Percentage
1	是	1152	88.2%
2	否	154	11.8%
999	未填答	3	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

v7: 產前工作狀況

Information	[Type= discrete] [Format=numeric] [Range= 1-3] [Missing=*/999]		
Statistics [NW/ W]	[Valid=1304 /-] [Invalid=5 /-]		

File : data

v7: 產前工作狀況

Value	Label	Cases	Percentage
1	全職	971	74.5%
2	兼職	79	6.1%
3	無業	254	19.5%
999	未填答	5	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

v8: 家庭年收入

Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing=*/999]
Statistics [NW/ W]	[Valid=1290 /-] [Invalid=19 /-]

Value	Label	Cases	Percentage
1	40萬以下	221	17.1%
2	41-100萬	680	52.7%
3	100-200萬	339	26.3%
4	200-400萬	46	3.6%
5	400萬以上	4	0.3%
999	未填答	19	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

v9: 目前懷孕週數

Information	[Type= discrete] [Format=numeric] [Range= 3-999] [Missing=*]
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
3		2	0.2%
4		1	0.1%
5		8	0.6%
6		13	1.0%
7		10	0.8%
8		27	2.1%
9		16	1.2%
10		29	2.2%
11		18	1.4%
12		48	3.7%
13		25	1.9%
14		33	2.5%
15		37	2.8%
16		50	3.8%
17		27	2.1%
18		38	2.9%
19		24	1.8%
20		51	3.9%
21		47	3.6%
22		36	2.8%
23		43	3.3%
24		54	4.1%

File : data

v9: 目前懷孕週數

Value	Label	Cases	Percentage
25		54	4.1%
26		51	3.9%
27		53	4.0%
28		73	5.6%
29		50	3.8%
30		53	4.0%
31		43	3.3%
32		66	5.0%
33		41	3.1%
34		49	3.7%
35		43	3.3%
36		41	3.1%
37		24	1.8%
38		20	1.5%
39		8	0.6%
40		2	0.2%
42		1	0.1%
999	未填答	0	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

v10: 預產期

Information		[Type= discrete] [Format=character] [Missing=*]	
Statistics [NW/ W]		[Valid=1309 /-] [Invalid=0 /-]	
Value	Label	Cases	Percentage
1		1	0.1%
106/10/1		6	0.5%
106/10/10		7	0.5%
106/10/11		1	0.1%
106/10/12		1	0.1%
106/10/13		2	0.2%
106/10/14		2	0.2%
106/10/15		5	0.4%
106/10/16		3	0.2%
106/10/17		3	0.2%
106/10/18		1	0.1%
106/10/19		3	0.2%
106/10/2		4	0.3%
106/10/20		1	0.1%
106/10/21		1	0.1%
106/10/22		1	0.1%
106/10/23		2	0.2%
106/10/24		3	0.2%
106/10/25		4	0.3%
106/10/26		3	0.2%

File : data

v10: 預産期

Value	Label	Cases	Percentage
106/10/27		4	0.3%
106/10/28		3	0.2%
106/10/29		3	0.2%
106/10/3		9	0.7%
106/10/30		1	0.1%
106/10/31		6	0.5%
106/10/4		2	0.2%
106/10/5		7	0.5%
106/10/6		2	0.2%
106/10/7		5	0.4%
106/10/8		4	0.3%
106/10/9		1	0.1%
106/11/1		7	0.5%
106/11/10		6	0.5%
106/11/11		1	0.1%
106/11/12		1	0.1%
106/11/14		1	0.1%
106/11/15		2	0.2%
106/11/16		1	0.1%
106/11/17		2	0.2%
106/11/18		2	0.2%
106/11/2		4	0.3%
106/11/21		2	0.2%
106/11/22		1	0.1%
106/11/23		1	0.1%
106/11/25		1	0.1%
106/11/27		1	0.1%
106/11/29		1	0.1%
106/11/3		1	0.1%
106/11/30		1	0.1%
106/11/4		1	0.1%
106/11/6		1	0.1%
106/11/7		1	0.1%
106/11/8		2	0.2%
106/11/9		2	0.2%
106/12/10		3	0.2%
106/12/12		1	0.1%
106/12/13		3	0.2%
106/12/15		1	0.1%
106/12/16		1	0.1%
106/12/2		1	0.1%
106/12/22		1	0.1%
106/12/25		1	0.1%

File : data

v10: 預産期

Value	Label	Cases	Percentage
106/12/26		1	0.1%
106/12/30		1	0.1%
106/12/5		1	0.1%
106/12/8		1	0.1%
106/12/9		1	0.1%
106/2/21		2	0.2%
106/2/23		1	0.1%
106/2/26		1	0.1%
106/2/28		3	0.2%
106/2/6		1	0.1%
106/3/1		1	0.1%
106/3/10		2	0.2%
106/3/11		1	0.1%
106/3/12		1	0.1%
106/3/13		2	0.2%
106/3/14		2	0.2%
106/3/15		3	0.2%
106/3/16		2	0.2%
106/3/17		3	0.2%
106/3/18		4	0.3%
106/3/19		1	0.1%
106/3/2		2	0.2%
106/3/20		6	0.5%
106/3/21		2	0.2%
106/3/22		2	0.2%
106/3/23		3	0.2%
106/3/24		1	0.1%
106/3/25		2	0.2%
106/3/26		2	0.2%
106/3/27		3	0.2%
106/3/28		5	0.4%
106/3/3		2	0.2%
106/3/30		1	0.1%
106/3/31		1	0.1%
106/3/4		1	0.1%
106/3/5		2	0.2%
106/3/7		2	0.2%
106/3/8		4	0.3%
106/3/9		1	0.1%
106/4/1		3	0.2%
106/4/10		2	0.2%
106/4/11		3	0.2%
106/4/13		3	0.2%

File : data

v10: 預産期

Value	Label	Cases	Percentage
106/4/15		4	0.3%
106/4/16		2	0.2%
106/4/17		4	0.3%
106/4/18		4	0.3%
106/4/19		1	0.1%
106/4/2		3	0.2%
106/4/20		3	0.2%
106/4/21		6	0.5%
106/4/22		3	0.2%
106/4/23		5	0.4%
106/4/24		5	0.4%
106/4/25		3	0.2%
106/4/26		3	0.2%
106/4/27		3	0.2%
106/4/28		2	0.2%
106/4/29		4	0.3%
106/4/3		2	0.2%
106/4/30		3	0.2%
106/4/4		1	0.1%
106/4/5		3	0.2%
106/4/6		2	0.2%
106/4/7		5	0.4%
106/4/9		1	0.1%
106/5/1		3	0.2%
106/5/10		3	0.2%
106/5/11		3	0.2%
106/5/12		3	0.2%
106/5/13		3	0.2%
106/5/14		5	0.4%
106/5/15		6	0.5%
106/5/16		3	0.2%
106/5/17		4	0.3%
106/5/18		8	0.6%
106/5/19		2	0.2%
106/5/2		1	0.1%
106/5/20		5	0.4%
106/5/21		2	0.2%
106/5/22		5	0.4%
106/5/23		4	0.3%
106/5/24		3	0.2%
106/5/25		2	0.2%
106/5/26		1	0.1%
106/5/27		2	0.2%

File : data

v10: 預産期

Value	Label	Cases	Percentage
106/5/28		7	0.5%
106/5/29		2	0.2%
106/5/3		5	0.4%
106/5/30		5	0.4%
106/5/31		7	0.5%
106/5/4		3	0.2%
106/5/5		5	0.4%
106/5/6		3	0.2%
106/5/7		7	0.5%
106/5/8		1	0.1%
106/5/9		1	0.1%
106/6/1		3	0.2%
106/6/10		6	0.5%
106/6/11		4	0.3%
106/6/12		1	0.1%
106/6/13		1	0.1%
106/6/14		5	0.4%
106/6/15		2	0.2%
106/6/16		9	0.7%
106/6/17		5	0.4%
106/6/18		6	0.5%
106/6/19		2	0.2%
106/6/2		3	0.2%
106/6/20		4	0.3%
106/6/21		2	0.2%
106/6/22		4	0.3%
106/6/23		3	0.2%
106/6/24		10	0.8%
106/6/25		7	0.5%
106/6/26		5	0.4%
106/6/27		6	0.5%
106/6/28		4	0.3%
106/6/29		6	0.5%
106/6/3		6	0.5%
106/6/30		5	0.4%
106/6/5		3	0.2%
106/6/6		4	0.3%
106/6/7		2	0.2%
106/6/8		7	0.5%
106/6/9		6	0.5%
106/7/1		5	0.4%
106/7/10		5	0.4%
106/7/11		4	0.3%

File : data

v10: 預産期

Value	Label	Cases	Percentage
106/7/12		2	0.2%
106/7/13		5	0.4%
106/7/14		3	0.2%
106/7/15		4	0.3%
106/7/16		1	0.1%
106/7/17		3	0.2%
106/7/18		3	0.2%
106/7/19		2	0.2%
106/7/2		6	0.5%
106/7/20		5	0.4%
106/7/21		1	0.1%
106/7/22		8	0.6%
106/7/23		2	0.2%
106/7/24		8	0.6%
106/7/25		2	0.2%
106/7/26		3	0.2%
106/7/27		2	0.2%
106/7/28		4	0.3%
106/7/29		3	0.2%
106/7/3		5	0.4%
106/7/30		4	0.3%
106/7/31		3	0.2%
106/7/4		3	0.2%
106/7/5		4	0.3%
106/7/6		3	0.2%
106/7/7		2	0.2%
106/7/8		2	0.2%
106/7/9		2	0.2%
106/8		1	0.1%
106/8/1		1	0.1%
106/8/10		3	0.2%
106/8/11		3	0.2%
106/8/12		3	0.2%
106/8/13		1	0.1%
106/8/14		2	0.2%
106/8/15		1	0.1%
106/8/16		3	0.2%
106/8/17		2	0.2%
106/8/18		2	0.2%
106/8/2		7	0.5%
106/8/20		2	0.2%
106/8/21		2	0.2%
106/8/22		4	0.3%

File : data

v10: 預産期

Value	Label	Cases	Percentage
106/8/23		1	0.1%
106/8/25		3	0.2%
106/8/26		1	0.1%
106/8/27		3	0.2%
106/8/28		2	0.2%
106/8/29		2	0.2%
106/8/3		4	0.3%
106/8/30		3	0.2%
106/8/31		1	0.1%
106/8/4		3	0.2%
106/8/5		3	0.2%
106/8/6		2	0.2%
106/8/7		1	0.1%
106/8/8		1	0.1%
106/8/9		5	0.4%
106/9/1		3	0.2%
106/9/10		4	0.3%
106/9/11		2	0.2%
106/9/12		2	0.2%
106/9/13		1	0.1%
106/9/14		3	0.2%
106/9/15		4	0.3%
106/9/16		2	0.2%
106/9/17		3	0.2%
106/9/18		3	0.2%
106/9/19		3	0.2%
106/9/2		2	0.2%
106/9/20		4	0.3%
106/9/23		1	0.1%
106/9/24		3	0.2%
106/9/25		1	0.1%
106/9/27		3	0.2%
106/9/28		2	0.2%
106/9/29		2	0.2%
106/9/3		4	0.3%
106/9/30		3	0.2%
106/9/4		3	0.2%
106/9/5		2	0.2%
106/9/6		1	0.1%
106/9/7		4	0.3%
106/9/8		1	0.1%
106/9/9		4	0.3%
107/1/2		1	0.1%

File : data

v10: 預産期

Value	Label	Cases	Percentage
107/1/6		1	0.1%
107/1/7		1	0.1%
10月3日		1	0.1%
2		1	0.1%
2017/7/00		1	0.1%
42793		1	0.1%
42813		1	0.1%
42815		1	0.1%
42820		1	0.1%
42821		1	0.1%
42823		1	0.1%
42824		1	0.1%
42825		1	0.1%
42826		3	0.2%
42828		1	0.1%
42829		2	0.2%
42831		1	0.1%
42832		2	0.2%
42834		1	0.1%
42835		2	0.2%
42837		1	0.1%
42838		1	0.1%
42839		3	0.2%
42840		4	0.3%
42841		2	0.2%
42842		2	0.2%
42843		2	0.2%
42844		4	0.3%
42845		3	0.2%
42846		1	0.1%
42847		2	0.2%
42848		4	0.3%
42849		3	0.2%
42851		1	0.1%
42852		3	0.2%
42853		2	0.2%
42854		6	0.5%
42855		2	0.2%
42856		9	0.7%
42857		5	0.4%
42858		6	0.5%
42859		1	0.1%
42860		3	0.2%

File : data

v10: 預産期

Value	Label	Cases	Percentage
42861		2	0.2%
42862		4	0.3%
42863		1	0.1%
42864		4	0.3%
42865		6	0.5%
42866		3	0.2%
42867		3	0.2%
42868		1	0.1%
42869		1	0.1%
42870		2	0.2%
42871		3	0.2%
42872		2	0.2%
42874		2	0.2%
42875		7	0.5%
42876		3	0.2%
42877		3	0.2%
42878		3	0.2%
42879		5	0.4%
42880		1	0.1%
42881		4	0.3%
42882		2	0.2%
42884		2	0.2%
42885		2	0.2%
42886		3	0.2%
42887		2	0.2%
42888		1	0.1%
42889		1	0.1%
42890		1	0.1%
42891		3	0.2%
42892		5	0.4%
42893		2	0.2%
42894		3	0.2%
42896		2	0.2%
42897		1	0.1%
42898		2	0.2%
42899		1	0.1%
42900		1	0.1%
42901		3	0.2%
42902		4	0.3%
42903		1	0.1%
42904		1	0.1%
42905		1	0.1%
42906		6	0.5%

File : data

v10: 預産期

Value	Label	Cases	Percentage
42907		1	0.1%
42908		4	0.3%
42909		4	0.3%
42910		3	0.2%
42911		2	0.2%
42912		1	0.1%
42913		3	0.2%
42914		6	0.5%
42916		2	0.2%
42917		3	0.2%
42918		5	0.4%
42919		3	0.2%
42920		1	0.1%
42921		5	0.4%
42923		2	0.2%
42924		4	0.3%
42925		5	0.4%
42926		3	0.2%
42927		5	0.4%
42928		5	0.4%
42929		3	0.2%
42930		3	0.2%
42931		2	0.2%
42932		5	0.4%
42934		3	0.2%
42935		3	0.2%
42936		2	0.2%
42937		5	0.4%
42938		3	0.2%
42939		3	0.2%
42941		4	0.3%
42942		6	0.5%
42943		1	0.1%
42944		3	0.2%
42945		1	0.1%
42946		3	0.2%
42947		4	0.3%
42948		4	0.3%
42949		1	0.1%
42950		3	0.2%
42951		1	0.1%
42952		2	0.2%
42953		3	0.2%

File : data

v10: 預産期

Value	Label	Cases	Percentage
42954		1	0.1%
42955		3	0.2%
42956		5	0.4%
42957		4	0.3%
42958		2	0.2%
42959		1	0.1%
42960		1	0.1%
42961		2	0.2%
42962		5	0.4%
42963		3	0.2%
42964		5	0.4%
42965		4	0.3%
42966		3	0.2%
42967		4	0.3%
42968		1	0.1%
42969		2	0.2%
42970		2	0.2%
42971		4	0.3%
42972		3	0.2%
42973		1	0.1%
42974		1	0.1%
42975		3	0.2%
42976		2	0.2%
42977		3	0.2%
42978		2	0.2%
42979		2	0.2%
42980		6	0.5%
42981		3	0.2%
42982		2	0.2%
42983		1	0.1%
42984		1	0.1%
42986		3	0.2%
42987		3	0.2%
42988		1	0.1%
42993		1	0.1%
42994		4	0.3%
42995		2	0.2%
42996		3	0.2%
42997		2	0.2%
42999		3	0.2%
43003		2	0.2%
43005		2	0.2%
43006		1	0.1%

File : data

v10: 預産期

Value	Label	Cases	Percentage
43007		1	0.1%
43009		2	0.2%
43010		1	0.1%
43011		1	0.1%
43012		1	0.1%
43013		1	0.1%
43014		1	0.1%
43017		1	0.1%
43020		1	0.1%
43025		1	0.1%
43027		1	0.1%
43035		1	0.1%
43037		1	0.1%
43038		1	0.1%
43039		2	0.2%
43042		2	0.2%
43047		1	0.1%
43052		1	0.1%
43056		1	0.1%
43058		1	0.1%
43059		1	0.1%
43061		1	0.1%
43062		1	0.1%
43064		3	0.2%
43065		3	0.2%
43066		1	0.1%
43071		1	0.1%
43074		1	0.1%
43079		1	0.1%
43081		2	0.2%
43083		1	0.1%
43085		1	0.1%
4月		1	0.1%
6/		1	0.1%
999		4	0.3%
未填答		1	0.1%

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

v11: 胎次

Information	[Type= discrete] [Format=numeric] [Range= 1-5] [Missing=*/999]		
Statistics [NW/ W]	[Valid=1304 /-] [Invalid=5 /-]		
Value	Label	Cases	Percentage
1	頭胎	986	75.6%
2	第二胎	276	21.2%

File : data

v11: 胎次

Value	Label	Cases	Percentage
3	第三胎	37	2.8%
4	第四胎	5	0.4%
5	第五胎	0	
999	未填答	5	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

v12: 若為經產婦，其他小孩的年齡

Information	[Type= discrete] [Format=character] [Missing=*]
Statistics [NW/ W]	[Valid=1308 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
0		2	0.2%
0.8		1	0.1%
1		28	2.1%
1.2		1	0.1%
1.3		1	0.1%
1.4		1	0.1%
1.5		11	0.8%
1.5Y		1	0.1%
1.5歲		1	0.1%
1.6Y		1	0.1%
1.8		3	0.2%
1.9		1	0.1%
10 7		1	0.1%
10個月		3	0.2%
10歲、9歲、3歲		1	0.1%
11		1	0.1%
11.1		1	0.1%
11個月		3	0.2%
12		1	0.1%
13、12、2		1	0.1%
15		1	0.1%
15 18		1	0.1%
15週		1	0.1%
16		1	0.1%
17		1	0.1%
171513		1	0.1%
1Y1M		1	0.1%
1Y3M		1	0.1%
1Y9M		1	0.1%
1y11m		1	0.1%
1、4		1	0.1%
1歲		5	0.4%
1歲10個月		1	0.1%

File : data

v12: 若為經產婦，其他小孩的年齡

Value	Label	Cases	Percentage
1歲10月		1	0.1%
1歲3個月		2	0.2%
1歲6個月		2	0.2%
1歲9個月		1	0.1%
1歲又10個月		1	0.1%
2		48	3.7%
2 3.5		1	0.1%
2-3歲		1	0.1%
2.2		1	0.1%
2.3		1	0.1%
2.3歲		1	0.1%
2.5		8	0.6%
2.5歲		2	0.2%
2.8		1	0.1%
2005/2/1		1	0.1%
2Y4M		1	0.1%
2Y6M		1	0.1%
2Y9M		1	0.1%
2y3m		1	0.1%
2歲		7	0.5%
2歲5個月		1	0.1%
2歲半		1	0.1%
3		26	2.0%
3 1		1	0.1%
3.5		3	0.2%
3.5y,1.5y		1	0.1%
3、 8		1	0.1%
3歲		3	0.2%
3歲半、8個月		1	0.1%
3歲， 1歲		1	0.1%
4		27	2.1%
4.5		1	0.1%
43個月（3歲7個？		1	0.1%
4Y,3Y,1Y3M		1	0.1%
4y8m;10m		1	0.1%
4y和1y3m		1	0.1%
4、 2		1	0.1%
4、 7		1	0.1%
4、 8		1	0.1%
4歲		4	0.3%
4歲6個月、1歲10		1	0.1%
5		4	0.3%

File : data

v12: 若為經產婦，其他小孩的年齡

Value	Label	Cases	Percentage
5、3.5		1	0.1%
53		1	0.1%
5、4		1	0.1%
5歲		1	0.1%
6		5	0.4%
6,4		1	0.1%
6、4		2	0.2%
6、4.5		1	0.1%
6、5		1	0.1%
6歲，5歲		1	0.1%
7		2	0.2%
7 5		1	0.1%
7M		1	0.1%
7、5		2	0.2%
7、9		1	0.1%
7跟4		1	0.1%
8		2	0.2%
8 10		1	0.1%
8、6		1	0.1%
8個月		1	0.1%
999		1024	78.3%
9、8歲		1	0.1%
9個月		2	0.2%
9歲		1	0.1%
一歲半		1	0.1%
三歲		1	0.1%
兩歲半		1	0.1%
第一胎8歲，22?		1	0.1%
過逝		1	0.1%

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

v13: 寶寶性別

Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	未知	316	24.1%
2	男	521	39.8%
3	女	456	34.8%
999	未填答	16	1.2%

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

v14: 高危險妊娠

Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		

File : data

v14: 高危險妊娠

Value	Label	Cases	Percentage
1	無	1207	92.2%
2	妊娠糖尿病	27	2.1%
3	妊娠毒血症	8	0.6%
4	其他狀況	16	1.2%
999	未填答	51	3.9%

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

v15: 孕期慢性疾病

Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	無	1265	96.6%
2	有	35	2.7%
4		2	0.2%
999	未填答	7	0.5%

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

v16: 說明孕期慢性疾病

Information	[Type= discrete] [Format=character] [Missing=*]
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
2型糖尿病		1	0.1%
999		1250	95.5%
B肝		3	0.2%
SLE		1	0.1%
妊娠糖尿病		1	0.1%
子癲前症		1	0.1%
後期血壓偏高		1	0.1%
心率不足		1	0.1%
惡性脂肪肉瘤		1	0.1%
慢性胃炎		1	0.1%
無		20	1.5%
甲亢		2	0.2%
甲抗		1	0.1%
甲狀腺亢進		4	0.3%
甲狀腺低下		1	0.1%
甲狀腺功能亢進、藥?		1	0.1%
疑似糖尿病		1	0.1%
糖尿		2	0.2%
糖尿病		4	0.3%
糖尿病、高血壓、三?		1	0.1%
紅斑性狼瘡		3	0.2%

File : data

v16: 說明孕期慢性疾病

Value	Label	Cases	Percentage
蕁麻疹		1	0.1%
輕度地中海貧血		1	0.1%
高血壓		5	0.4%
高血脂		1	0.1%

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

v17: 過去精神病史

Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	無相關精神疾病就醫史	1278	97.6%
2	有精神疾病就醫史	27	2.1%
999		4	0.3%

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

v18: 被診斷的精神疾病名稱

Information	[Type= discrete] [Format=character] [Missing=*]		
Statistics [NW/ W]	[Valid=40 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
2		1	2.5%
強迫症		1	2.5%
強迫症, 非特定的鬱		1	2.5%
恐慌症		2	5.0%
慮病症		1	2.5%
憂心症		1	2.5%
憂鬱、厭食&暴食症		1	2.5%
憂鬱傾向		1	2.5%
憂鬱症		11	27.5%
無		13	32.5%
焦慮症, 憂鬱症		1	2.5%
詳細診斷忘記了, 約		1	2.5%
躁鬱症		1	2.5%
輕/中度憂鬱症		1	2.5%
輕度憂鬱		2	5.0%
輕度憂鬱症		1	2.5%

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

a1: 我失眠、睡不好

Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		

File : data

a1: 我失眠、睡不好

Value	Label	Cases	Percentage
1	完全不符合	207	15.8%
2	不符合	302	23.1%
3	普通	373	28.5%
4	符合	329	25.1%
5	完全符合	98	7.5%
999	未填答	0	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

a2: 我的體力無法勝任以往習慣的工作或家務

Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	完全不符合	128	9.8%
2	不符合	274	20.9%
3	普通	339	25.9%
4	符合	380	29.0%
5	完全符合	188	14.4%
999	未填答	0	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

a3: 我變得頻尿

Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	完全不符合	28	2.1%
2	不符合	87	6.6%
3	普通	210	16.0%
4	符合	406	31.0%
5	完全符合	578	44.2%
999	未填答	0	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

a4: 我腰酸背痛

Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	完全不符合	61	4.7%
2	不符合	150	11.5%
3	普通	311	23.8%
4	符合	408	31.2%
5	完全符合	379	29.0%
999	未填答	0	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

File : data			
# a5: 我不像以往能靈活行動			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	53	4.0%
2	不符合	157	12.0%
3	普通	298	22.8%
4	符合	426	32.5%
5	完全符合	375	28.6%
999	未填答	0	
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# a6: 懷孕造成的身體狀態改變讓我感到困擾			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	78	6.0%
2	不符合	287	21.9%
3	普通	405	30.9%
4	符合	327	25.0%
5	完全符合	212	16.2%
999	未填答	0	
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# a7: 我擔心孩子未來的健康與發展狀況			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	52	4.0%
2	不符合	132	10.1%
3	普通	243	18.6%
4	符合	410	31.3%
5	完全符合	472	36.1%
999	未填答	0	
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# a8: 我擔心孩子出生會改變原有的家庭生活			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	131	10.0%
2	不符合	236	18.0%
3	普通	391	29.9%
4	符合	318	24.3%
5	完全符合	233	17.8%
999	未填答	0	

File : data			
# a8: 我擔心孩子出生會改變原有的家庭生活			
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>			
# a9: 我擔心孩子出生後無法兼顧孩子和工作			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	110	8.4%
2	不符合	193	14.7%
3	普通	311	23.8%
4	符合	373	28.5%
5	完全符合	322	24.6%
999	未填答	0	
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>			
# a10: 我對於懷孕相關的禁忌習俗感到困擾			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	233	17.8%
2	不符合	373	28.5%
3	普通	377	28.8%
4	符合	202	15.4%
5	完全符合	124	9.5%
999	未填答	0	
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>			
# a11: 我對坐月子的安排感到困擾			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	312	23.8%
2	不符合	346	26.4%
3	普通	324	24.8%
4	符合	218	16.7%
5	完全符合	109	8.3%
999	未填答	0	
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>			
# a12: 我對孩子出生後的經濟支出感到有壓力			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	84	6.4%
2	不符合	210	16.0%
3	普通	370	28.3%
4	符合	344	26.3%

File : data

a12: 我對孩子出生後的經濟支出感到有壓力

Value	Label	Cases	Percentage
5	完全符合	301	23.0%
999	未填答	0	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

a13: 我擔心孩子出生後的照顧安排(如保母、托嬰

Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	完全不符合	169	12.9%
2	不符合	225	17.2%
3	普通	280	21.4%
4	符合	330	25.2%
5	完全符合	305	23.3%
999	未填答	0	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

a14: 我樂於參加孕產相關衛教活動

Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	完全不符合	18	1.4%
2	不符合	49	3.7%
3	普通	187	14.3%
4	符合	411	31.4%
5	完全符合	644	49.2%
999	未填答	0	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

a15: 我樂於參加產檢

Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	完全不符合	3	0.2%
2	不符合	4	0.3%
3	普通	32	2.4%
4	符合	223	17.0%
5	完全符合	1047	80.0%
999	未填答	0	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

a16: 當我想像寶寶的長相時感到期待

Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	完全不符合	5	0.4%

File : data

a16: 當我想像寶寶的長相時感到期待

Value	Label	Cases	Percentage
2	不符合	18	1.4%
3	普通	125	9.5%
4	符合	283	21.6%
5	完全符合	878	67.1%
999	未填答	0	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

a17: 採買或準備寶寶的用品時我感到興奮

Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	符合不符合	13	1.0%
2	不符合	49	3.7%
3	普通	215	16.4%
4	符合	391	29.9%
5	完全符合	641	49.0%
999	未填答	0	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

a18: 懷孕讓我體驗到生命的奧妙

Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	完全不符合	3	0.2%
2	不符合	15	1.1%
3	未填答	116	8.9%
4	符合	318	24.3%
5	完全符合	857	65.5%
999	未填答	0	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

a19: 我對未來感到期待

Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	完全不符合	8	0.6%
2	不符合	25	1.9%
3	普通	221	16.9%
4	符合	418	31.9%
5	完全符合	637	48.7%
999	未填答	0	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

a20: 我變得容易責備自己

Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]
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File : data

a20: 我變得容易責備自己

Statistics [NW/ W] [Valid=1309 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	完全不符合	350	26.7%
2	不符合	400	30.6%
3	普通	342	26.1%
4	符合	148	11.3%
5	完全符合	69	5.3%
999	未填答	0	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

a21: 我常莫名感到緊張不安

Information [Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]

Statistics [NW/ W] [Valid=1309 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	完全不符合	225	17.2%
2	不符合	335	25.6%
3	普通	353	27.0%
4	符合	266	20.3%
5	完全符合	130	9.9%
999	未填答	0	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

a22: 我常莫名感到害怕或受到驚嚇

Information [Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]

Statistics [NW/ W] [Valid=1309 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	完全不符合	319	24.4%
2	不符合	366	28.0%
3	普通	338	25.8%
4	符合	192	14.7%
5	完全符合	94	7.2%
999	未填答	0	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

a23: 我感到憂鬱難過

Information [Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]

Statistics [NW/ W] [Valid=1309 /-] [Invalid=0 /-]

Value	Label	Cases	Percentage
1	完全不符合	403	30.8%
2	不符合	366	28.0%
3	普通	280	21.4%
4	符合	174	13.3%
5	完全符合	86	6.6%
999	未填答	0	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

File : data			
# a24: 我變得容易哭泣			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	343	26.2%
2	不符合	290	22.2%
3	普通	295	22.5%
4	符合	246	18.8%
5	完全符合	135	10.3%
999	未填答	0	
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# a25: 我出現傷害自己或自殺的念頭			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	1019	77.8%
2	不符合	170	13.0%
3	普通	76	5.8%
4	符合	26	2.0%
5	完全符合	18	1.4%
999	未填答	0	
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# a26: 我的配偶能提供我所需要的協助			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	18	1.4%
2	不符合	72	5.5%
3	普通	237	18.1%
4	符合	506	38.7%
5	完全符合	476	36.4%
999	未填答	0	
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# a27: 我信任我的配偶			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	19	1.5%
2	不符合	24	1.8%
3	普通	140	10.7%
4	符合	396	30.3%
5	完全符合	730	55.8%
999	未填答	0	

File : data			
# a27: 我信任我的配偶			
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>			
# a28: 我和配偶對家庭的未來有共識			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	13	1.0%
2	不符合	32	2.4%
3	普通	177	13.5%
4	符合	469	35.8%
5	完全符合	618	47.2%
999	未填答	0	
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>			
# a29: 當我因懷孕而感到無助時，配偶能給我足夠的支持			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	22	1.7%
2	不符合	49	3.7%
3	普通	199	15.2%
4	符合	442	33.8%
5	完全符合	597	45.6%
999	未填答	0	
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>			
# a30: 我的配偶能有效地調適懷孕帶來的改變			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	25	1.9%
2	不符合	52	4.0%
3	普通	258	19.7%
4	符合	477	36.4%
5	完全符合	497	38.0%
999	未填答	0	
<i>Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.</i>			
# a31: 我滿意目前兩人的關係狀態			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	21	1.6%
2	不符合	45	3.4%
3	普通	195	14.9%
4	符合	468	35.8%

File : data

a31: 我滿意目前兩人的關係狀態

Value	Label	Cases	Percentage
5	完全符合	580	44.3%
999	未填答	0	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.

# a32: 除了配偶以外的家人能提供我所需要的協助			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	24	1.8%
2	不符合	74	5.7%
3	普通	221	16.9%
4	符合	485	37.1%
5	完全符合	505	38.6%
999	未填答	0	
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# a33: 我的朋友能提供我所需要的協助			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	38	2.9%
2	不符合	102	7.8%
3	普通	345	26.4%
4	符合	487	37.2%
5	完全符合	337	25.7%
999	未填答	0	
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# a34: 除了配偶以外家人能提供我所需要的關心和支持			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	22	1.7%
2	不符合	60	4.6%
3	普通	217	16.6%
4	符合	518	39.6%
5	完全符合	492	37.6%
999	未填答	0	
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# a35: 我的朋友能提供我所需要的關心和支持			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	24	1.8%
2	不符合	66	5.0%
3	普通	276	21.1%
4	符合	519	39.6%
5	完全符合	424	32.4%
999	未填答	0	
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			

# a36: 我在網路社群中可以獲得我所需要的建議和支持			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	49	3.7%
2	不符合	108	8.3%
3	普通	368	28.1%
4	符合	486	37.1%
5	完全符合	298	22.8%
999	未填答	0	
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# a37: 除了配偶以外家人能提供對我有用的懷孕知識或建議			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	36	2.8%
2	不符合	121	9.2%
3	普通	332	25.4%
4	符合	472	36.1%
5	完全符合	348	26.6%
999	未填答	0	
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# a38: 我的朋友能提供對我有用的懷孕知識或建議			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不符合	38	2.9%
2	不符合	103	7.9%
3	普通	290	22.2%
4	符合	510	39.0%
5	完全符合	368	28.1%
999	未填答	0	
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# b1: 整體來說， 您如何評價您的生活品質			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	極不好	2	0.2%
2	不好	62	4.7%
3	中等程度好	535	40.9%
4	好	636	48.6%
5	極好	73	5.6%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			

# b2: 整體來說，您滿意自己的健康嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	極不滿意	14	1.1%
2	不滿意	133	10.2%
3	中等程度滿意	534	40.8%
4	滿意	575	43.9%
5	極滿意	52	4.0%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# b3: 您覺得身體疼痛會妨礙您處理需要做的事情嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全沒有妨礙	74	5.7%
2	有一點妨礙	750	57.3%
3	中等程度妨礙	324	24.8%
4	很妨礙	131	10.0%
5	極妨礙	29	2.2%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# b4: 您需要靠醫療的幫助應付日常生活嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全沒有需要	834	63.7%
2	有一點需要	344	26.3%
3	中等程度需要	100	7.6%
4	很需要	26	2.0%
5	極需要	4	0.3%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# b5: 您享受生活嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全沒有享受	37	2.8%
2	有一點享受	279	21.3%
3	中等程度享受	564	43.1%
4	很享受	370	28.3%
5	極享受	58	4.4%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			

# b6: 您覺得自己的生命有意義嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全沒有	13	1.0%
2	有一點有	119	9.1%
3	中等程度有	338	25.8%
4	很有	610	46.6%
5	極有	228	17.4%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# b7: 您集中精神的能力有多好			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不好	48	3.7%
2	有一點好	199	15.2%
3	中等程度好	633	48.4%
4	很好	385	29.4%
5	極好	43	3.3%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# b8: 在日常生活中，您感到安全嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不安全	21	1.6%
2	有一點安全	133	10.2%
3	中等程度安全	438	33.5%
4	很安全	620	47.4%
5	極安全	96	7.3%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# b9: 您所處的環境健康嗎(如汙染、噪音、氣候、景觀)			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不健康	86	6.6%
2	有一點健康	212	16.2%
3	中等程度健康	607	46.4%
4	很健康	369	28.2%
5	極健康	34	2.6%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			

# b10: 您每天的生活有足夠的精力嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不足夠	46	3.5%
2	少許足夠	247	18.9%
3	中等程度足夠	669	51.1%
4	很足夠	322	24.6%
5	完全足夠	24	1.8%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# b11: 您能接受自己的外表嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不能夠	29	2.2%
2	少許能夠	141	10.8%
3	中等程度能夠	499	38.1%
4	很能夠	494	37.7%
5	完全能夠	145	11.1%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# b12: 您有足夠的金錢應付所需嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不足夠	69	5.3%
2	少許足夠	222	17.0%
3	中等程度足夠	634	48.4%
4	很足夠	319	24.4%
5	完全足夠	64	4.9%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# b13: 您能方便得到每日生活所需的資訊嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不方便	5	0.4%
2	少許方便	51	3.9%
3	中等程度方便	331	25.3%
4	很方便	693	52.9%
5	完全方便	228	17.4%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			

# b14: 您有機會從事休閒活動嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全沒有機會	24	1.8%
2	少許機會	248	18.9%
3	中等程度機會	464	35.4%
4	很有機會	467	35.7%
5	完全有機會	105	8.0%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# b15: 您四處行動的能力好嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全不好	39	3.0%
2	有一點好	128	9.8%
3	中等程度好	409	31.2%
4	很好	562	42.9%
5	極好	169	12.9%
999	未填答	2	0.2%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# b16: 您滿意自己的睡眠狀況嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	極不滿意	53	4.0%
2	不滿意	358	27.3%
3	中等程度滿意	540	41.3%
4	滿意	327	25.0%
5	極滿意	30	2.3%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# b17: 您滿意自己從事日常生活的能力嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	極不滿意	15	1.1%
2	不滿意	121	9.2%
3	中等程度滿意	540	41.3%
4	滿意	572	43.7%
5	極滿意	59	4.5%
999	未填答	2	0.2%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			

# b18: 您滿意自己的工作能力嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	極不滿意	17	1.3%
2	不滿意	117	8.9%
3	中等程度滿意	489	37.4%
4	滿意	602	46.0%
5	極滿意	82	6.3%
999	未填答	2	0.2%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# b19: 您對自己滿意嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	極不滿意	13	1.0%
2	不滿意	69	5.3%
3	中等程度滿意	478	36.5%
4	滿意	665	50.8%
5	極滿意	83	6.3%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# b20: 您滿意自己的人際關係嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	極不滿意	10	0.8%
2	不滿意	84	6.4%
3	中等程度滿意	504	38.5%
4	滿意	631	48.2%
5	極滿意	78	6.0%
999	未填答	2	0.2%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# b21: 您滿意自己的性生活嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	極不滿意	23	1.8%
2	不滿意	137	10.5%
3	中等程度滿意	571	43.6%
4	滿意	510	39.0%
5	極滿意	66	5.0%
999	未填答	2	0.2%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			

# b22: 您滿意朋友給你的支持嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	極不滿意	3	0.2%
2	不滿意	32	2.4%
3	中等程度滿意	392	29.9%
4	滿意	741	56.6%
5	極滿意	139	10.6%
999	未填答	2	0.2%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# b23: 您滿意自己住所的狀況嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	極不滿意	24	1.8%
2	不滿意	137	10.5%
3	中等程度滿意	448	34.2%
4	滿意	575	43.9%
5	極滿意	123	9.4%
999	未填答	2	0.2%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# b24: 您滿意醫療保健服務的方便程度嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	極不滿意	3	0.2%
2	不滿意	38	2.9%
3	中等程度滿意	352	26.9%
4	滿意	737	56.3%
5	極滿意	178	13.6%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# b25: 您滿意所使用的交通運輸方式嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	極不滿意	12	0.9%
2	不滿意	91	7.0%
3	中等程度滿意	399	30.5%
4	滿意	674	51.5%
5	極滿意	132	10.1%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			

# b26: 您常有負面的感受嗎(如傷心、緊張、焦慮、憂鬱等)			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	從來沒有	31	2.4%
2	不常有	598	45.7%
3	一半有一半沒有	523	40.0%
4	很常有	127	9.7%
5	一直都有	29	2.2%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# b27: 您覺得自己有面子或被尊重嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	完全沒有	17	1.3%
2	有一點有	104	7.9%
3	中等程度有	568	43.4%
4	很有	550	42.0%
5	極有	68	5.2%
999	未填答	2	0.2%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# b28: 您想吃的食物通常都能吃到嗎			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	從來沒有	2	0.2%
2	不常有	74	5.7%
3	一半有一半沒有	426	32.5%
4	很常有	645	49.3%
5	一直都有	161	12.3%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# c1: 我能開懷的笑並看到事物有趣的一面			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	同以前一樣	895	68.4%
2	沒有以前那麼多	310	23.7%
3	肯定比以前少	99	7.6%
4	完全不能	3	0.2%
999	未填答	2	0.2%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			

# c2: 我能夠以快樂的心情來期待事情			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	同以前一樣	901	68.8%
2	沒有以前那麼多	319	24.4%
3	肯定比以前少	84	6.4%
4	完全不能	4	0.3%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# c3: 當事情不順利時，我會不必要地責備自己			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	相當多時候這樣	75	5.7%
2	有時候這樣	536	40.9%
3	很少這樣	564	43.1%
4	沒有這樣	133	10.2%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# c4: 我會無緣無故感到焦慮和擔心			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	相當多時候這樣	95	7.3%
2	有時候這樣	558	42.6%
3	很少這樣	508	38.8%
4	沒有這樣	147	11.2%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# c5: 我會無緣無故感到害怕和驚慌			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	相當多時候這樣	60	4.6%
2	有時候這樣	364	27.8%
3	很少這樣	593	45.3%
4	沒有這樣	291	22.2%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# c6: 事情壓得我喘不過氣來			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		

# c6: 事情壓得我喘不過氣來			
Value	Label	Cases	Percentage
1	大多數時候我都不能應付	29	2.2%
2	有時候我不能像平時那樣應付得好	417	31.9%
3	大部分時候我都能像平時那樣應付得好	712	54.4%
4	我一直都能應付的好	150	11.5%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# c7: 我很不開心以致失眠			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	相當多時候這樣	53	4.0%
2	有時候這樣	300	22.9%
3	很少這樣	603	46.1%
4	沒有這樣	352	26.9%
999	未填達	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# c8: 我感到難過和悲傷			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	相當多時候這樣	47	3.6%
2	有時候這樣	336	25.7%
3	很少這樣	642	49.0%
4	沒有這樣	283	21.6%
999	未填達	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# c9: 我的不快樂導致我哭泣			
Information	[Type= discrete] [Format=numeric] [Range= 1-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
1	相當多時候這樣	81	6.2%
2	有時候這樣	328	25.1%
3	很少這樣	556	42.5%
4	沒有這樣	343	26.2%
999	未填答	1	0.1%
Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.			
# c10: 我會有傷害自己的想法			
Information	[Type= discrete] [Format=numeric] [Range= 0-999] [Missing=*]		
Statistics [NW/ W]	[Valid=1309 /-] [Invalid=0 /-]		
Value	Label	Cases	Percentage
0		1	0.1%
1	相當多時候這樣	10	0.8%

c10: 我會有傷害自己的想法

Value	Label	Cases	Percentage
2	有時候這樣	57	4.4%
3	很少這樣	173	13.2%
4	沒有這樣	1068	81.6%
999	未填答	0	

Warning: these figures indicate the number of cases found in the data file. They cannot be interpreted as summary statistics of the population of interest.